

2014
Community
Benefit
Update

Respecting our past. Preparing for our future.



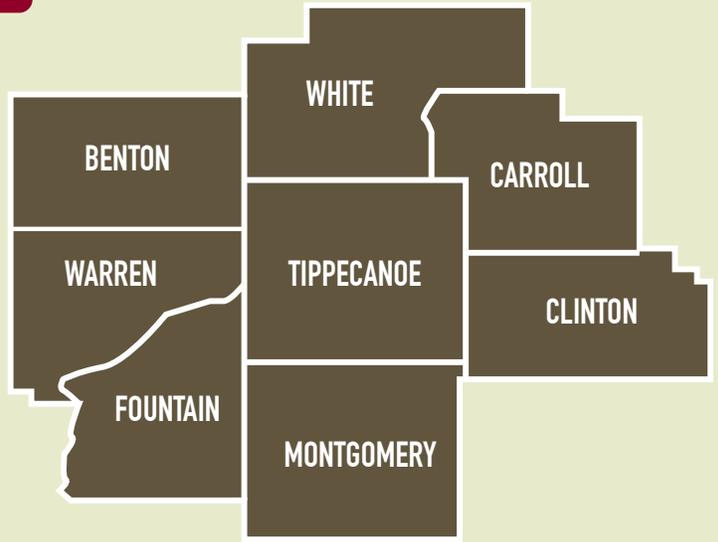
BENEFITING RESIDENTS OF INDIANA'S BENTON, CARROLL, CLINTON, FOUNTAIN, MONTGOMERY, TIPPECANOE, WARREN AND WHITE COUNTIES



Helping Communities in Eight Counties

NCHS is committed to advancing and providing health care for the benefit of the citizens of Benton, Carroll, Clinton, Fountain, Montgomery, Tippecanoe, Warren, and White counties. NCHS operates River Bend Hospital, a private inpatient psychiatric hospital, licensed and certified by the Indiana Department of Mental Health. NCHS also provides financial support primarily for capital grants to nonprofit organizations who share our commitment to health and the development of healthy communities.

It was our privilege this year to witness the implementation of new and ambitious community-driven projects; the expansion of established, high-impact programs; and the realization of NCHS-initiated special projects.



FOOD | FAMILIES

The NCHS Food & Family request for proposals process begun in 2013 resulted in three major, related grant awards in 2014. Two grants launched communitywide collaborations addressing childhood food insecurity and early childhood parental education in Montgomery and Tippecanoe counties. The third expanded the reach of a volunteer-driven program serving low-income children in Greater Lafayette.

SAFETY | HEALTH CARE

The NCHS-initiated expansion of the Historic Five Points fire safety outreach program came to fruition in 2014 with the program's first countywide partnership and additional collaborations on the horizon. This year was also the first full year the Montgomery County Free Clinic operated in its new high-tech dental and medical facility, built with the help of NCHS grant funds to help meet the health care needs of the uninsured.

The Heads Up program community garden provides learning opportunities for children and healthy produce for all residents.

LEARN MORE

Read on to learn more about the projects and organizations that NCHS was privileged to partner with to develop healthy communities. Visit our website, nchsi.com, for more information on our application process and for guidance determining whether your project may be a fit for NCHS grantmaking in the year to come.



Continuing Our Caring Tradition

2014 COMMUNITY BENEFIT SNAPSHOT

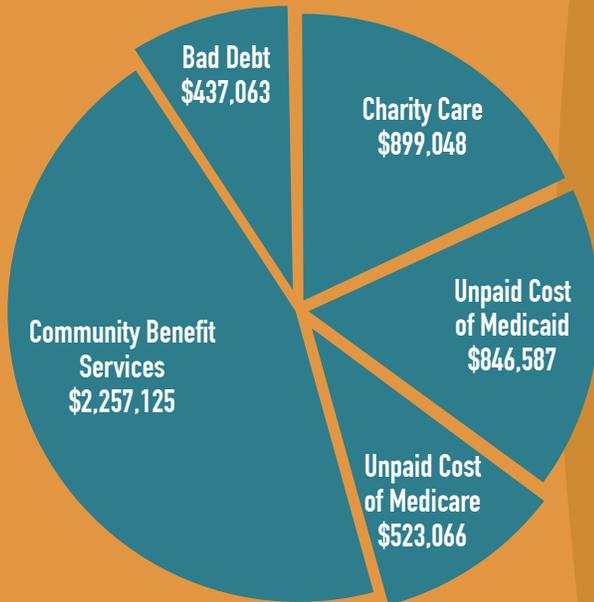
Charity Care	\$ 899,048
Unpaid Cost of Medicaid	846,587
Unpaid Cost of Medicare	523,066
Community Benefit Services	2,257,125
Bad Debt	437,063
Total	\$ 4,962,889

FINANCIAL ASSISTANCE

River Bend Hospital serves the mental and behavioral health needs of those requiring inpatient intervention and mental health care regardless of their ability to pay for services. Free and partially discounted medical services are available for patients with qualifying income levels. Our patient advocate specialists work with patients who are uninsured or underinsured to explain options for health insurance coverage or financial assistance and provide guidance throughout the application process.

COMMUNITY BENEFIT SERVICES

NCHS is committed to continuing to provide health care and promote healthy communities for the benefit of our eight-county service area. We support qualified nonprofit organizations that share our commitment to health and healthy communities, primarily through grants for capital projects. Visit our website, nchsi.com, for guidelines and application information.



NCHS operates River Bend Hospital in West Lafayette, a private psychiatric inpatient health care facility.



Building Healthy Communities

MENTAL HEALTH

Mental Health America of Tippecanoe County

In 2014, Mental Health America of Tippecanoe County and the Lafayette Crisis Center merged their programs and services to assure continued and improved crisis intervention and mental health services in the county.

Their collaborative efforts to share resources aligned well with NCHS community benefit priorities. NCHS awarded \$96,254 to renovate the Mental Health America Community

Building, integrate the crisis intervention program, and incorporate the new programs into the building's communication systems. NCHS also provided \$15,500 to install lighting to improve building security for night-shift crisis intervention volunteers.

"The renovations and expansion of our communication systems have proven to be tremendous assets to our operations," says Jennifer Flora, chief executive officer. "Volunteers and staff benefit from safe, state-of-the-art facilities and equipment. Community members are the greatest beneficiaries, because our volunteers and staff save lives and improve the quality of life for people every day."



NCHS supported the merger and facility enhancements of Mental Health America of Tippecanoe County and the Lafayette Crisis Center.

Mental Health America of Tippecanoe County provides crisis intervention, education, information, and support.

Mental Health America's services now include:

CRISIS INTERVENTION PHONE SERVICES: 24/7 crisis intervention, suicide prevention and intervention, rape survivor advocacy, and teen support

SUPPORT GROUPS: Sexual assault survivor and suicide survivor support groups

COMMUNITY SERVICES DATABASE: Online directory of human and social services organizations in Tippecanoe and surrounding counties

Today, Tippecanoe County's crisis line is one of only 83 in the country affiliated with the National Suicide Prevention Lifeline and accredited by both the American Association of Suicidology and the Alliance of Information and Referral Services.

EDUCATION, FOOD, FAMILIES

In 2012, the NCHS Grants Board identified food insecurity and early childhood education as areas of grantmaking interest, and in 2013 sought proposals in these areas of interest, announcing grant funding available for multi-agency, collaborative programs addressing childhood food insecurity and family well-being.

“Capable organizations in our communities were already working in many of these program areas,” says NCHS Grants Board Chairman John McBride. “The question was how to coordinate resources and deliver services in a sustainable way. Our aim was to spark multi-agency collaborations that could lay the foundation for long-term impact.”

Unique to this request for proposals, NCHS approved two exceptions to its general grantmaking practices: proposals could include requests for program expenses and projects could include partnerships with public agencies or other institutions.

Three innovative proposals were selected for funding in 2014: Born Learning Academy, Heads Up, and Nourish.

Born Learning Academy families learn how nutrition impacts learning.



Born Learning Academy parent Sandra and her daughter enjoy reading together and learning new ways to play and learn as a family.

Born Learning Academy

Under the leadership and coordination of the United Way of Greater Lafayette, and with up to \$491,000 in grant funding over five years from NCHS toward a budget of \$925,000, the Born Learning Academy is providing preschoolers and their families with school-readiness skills training.

Born Learning Academies are monthly training sessions for families with children up to age four. Parents learn about child development, creating learning opportunities in their homes, food budgeting, cooking, and nutrition. The program uses a tested curriculum and addresses barriers to participation, such as transportation, meals, and childcare.

Born Learning Academy parent Carolyn says, “Born Learning has been able to get us to go out and do something free as a family. We learn things, and the kids really enjoy it. I do, too. The academy gives you tips and tricks for learning every day.”

Key program partners include the Community Commitment to Education, an alliance of organizations in Tippecanoe County; Lafayette School Corporation; Tippecanoe School Corporation; West Lafayette Community School Corporation; and Food Finders Food Bank.



Heads Up

Through Heads Up, an onsite program for families living in subsidized housing complexes, participants take part in after-school tutoring; nutrition and gardening education; and a parent engagement group.

Coordinated by the Federated Church of West Lafayette, Heads Up partners include Food Finders Food Bank, Lafayette Housing Authority, the Purdue Baptist Student Foundation, West Lafayette Community School Corporation, and the West Lafayette Police Department.

With an NCHS grant of \$129,500 toward its three-year \$169,500 budget, the Heads Up model will expand from its current site, Country Villa Apartments, to two additional complexes.

Heads Up volunteers provide homework assistance for students of all ages.

Heads Up participants get nutrition education, tutoring assistance, and other services at area housing sites.



Nourish

Through the Nourish initiative, the Montgomery County Youth Service Bureau and its partners aimed to serve 500 food-insecure children and their families. NCHS awarded \$150,000 toward the first year's budget of \$210,000 to launch sustaining partnerships with faith communities and other sponsoring organizations in Montgomery County.

The countywide collaboration's many partners include the Crawfordsville, North Montgomery, and South Montgomery school corporations; Franciscan St. Elizabeth Health Crawfordsville; and 17 other community organizations that convened to submit a proposal to NCHS.

Backpacks with food and family trainings on smart grocery shopping, cooking, and school readiness are helping nourish Montgomery County children and families.



RECREATION, PHYSICAL ACTIVITY

Wabash River Corridor

Drawing on existing resources, such as the Wabash River, to contribute to a healthy community piqued NCHS interest—and a subsequent investment—in updating an earlier Wabash River Corridor Master Plan.

NCHS awarded \$135,000 toward the \$275,000 Re-Use Study and Update. Other funders include the cities of Lafayette and West Lafayette, the National Realtors Association, Tippecanoe County, and the Wabash River Enhancement Corporation.

The project will include inventory reporting, site and opportunity analyses, a charrette process and preparation of a master plan and schematic design-level documents for the north reach of the Wabash River. Elements to be studied include re-using the former Lafayette municipal golf course

as public green space; connecting multi-use trails along the Wabash River Heritage Trail; improving pedestrian and bicycle access; and connecting the Harrison Street and U.S. 52 bridges.

Plans to enhance the river corridor were strongly endorsed during the community's 1999-2001 Vision 2020 process. In early 2004, the Wabash River Enhancement Corporation was founded as a 501(c)(3) corporation, with grant funding from NCHS and leadership from Lafayette, West Lafayette, Tippecanoe County, and Purdue University.

Today, the corporation focuses on environmental, aesthetic and economic sustainability within the river watershed, with a long-range mission to enhance the corridor in Carroll, Fountain, Tippecanoe, and Warren counties.



The Wabash River Enhancement Corporation seeks to develop healthy community spaces along the riverfront for physical activity and recreation and to improve the river corridor and water quality.

The clinic opened in a larger space in 2013.



Making Long-Term Impact

NCHS grantmaking prioritizes projects with potential for significant long-term impact.

The Montgomery County Free Clinic, a 2011 NCHS grant recipient, demonstrates how NCHS grant funding supports sustainable improvements in health care.

Montgomery County Free Clinic

For more than 40 years, uninsured Montgomery County residents accessed free medical care through the Christian Nursing Service, which operated at the Milligan Memorial Church. Privacy concerns and increasingly complex health needs prompted the organization to seek a new home and direction.

The Montgomery County Free Clinic was formed, adopting the national Volunteers in Medicine model and planning expanded services.

In 2011, the clinic approached NCHS for help establishing a \$1.2 million standalone medical and dental clinic that would

offer free, basic services to uninsured residents meeting income guidelines. NCHS awarded \$900,000, and the clinic raised more than \$300,000 from the Montgomery County Community Foundation, businesses, and more than 500 individuals and organizations.

The clinic opened in July 2013 on Mill Street in Crawfordsville in a renovated former bank building. The facility contains six examination rooms, a medical procedures room, laboratory, and two high-tech dental suites. It also serves as the administrative home of Meal on Wheels, which provides lunches to Crawfordsville home-bound clients, and FAITH Alliance, which serves the needs of women with breast cancer.

Since July 2013, the Montgomery County Free Clinic has administered nearly 1,400 vaccinations and served patients through more than 1,600 medical visits and 455 dental visits.

Awarding Grants to Benefit Communities

Benton County Council on Aging

Fowler Community Center Improvements
\$19,592

Boys & Girls Club of Clinton County

Mid-size Passenger Bus
\$24,529

Community Cancer Network

Capital Equipment
\$19,818

Community Foundation of Greater Lafayette

Douglas W. Eberle Board Governance Series
\$20,000

Family Promise of Greater Lafayette, Inc.

Transitional Housing Materials
\$12,000

Federated Church of West Lafayette

Food & Family RFP – Heads Up: After-School Program
\$129,500

FISH Pantry of Wabash Avenue Presbyterian Church

FISH Clothing Pantry Outdoor Donation Bin
\$1,500

Greater Lafayette Parish Nurse Development Center, Inc.

Parish Nurse Education Scholarships
\$3,250

Habitat for Humanity of Lafayette

Habitat ReStore and Construction Vehicle
\$25,000

Historic Five Points Fire Station Educational Center, Inc.

Tippecanoe County Smoke Alarm Outreach Program Expansion
\$12,970

Indiana Rural Health Association

Annual Conference Scholarships
\$2,325

Mental Health America of Tippecanoe County

Crisis Intervention Services Program Expansion, Renovation
\$96,254

Crisis Intervention Services Safety Improvements
\$15,500

Ninth Annual Child Psychiatric Conference
\$3,095

Montgomery County Youth Service Bureau

Food & Family RFP – Nourish: Childhood Food Insecurity and Nutrition Education Program
\$150,000

NICHES Land Trust

Clegg Memorial Garden Visitors Center
\$105,537

Sagamore Council Boy Scouts of America

Cary Camp Shower House
\$100,000

Tippecanoe Arts Federation, Inc.

NCHS Capital Subgrants to Nine Arts and Culture Organizations
\$250,000

United Way of Greater Lafayette

Food & Family RFP - Born Learning Academy Parental Education Program
\$491,000

Wabash River Enhancement Corporation

Corridor Master Plan Priority-Area Properties
\$855,850

North Reach Corridor Master Plan

Re-use Study and Update
\$135,000

Warren County Community Foundation

First Responder Materials
\$1,000

Western Indiana Radio Emergency Services, Inc. (WIRES)

Imagination Station Amateur and Emergency Radio Station
\$7,000

Wolf Park

Accessible Ramps and Decking
\$9,323

Clegg Memorial Garden



OUR MISSION

We are committed to continuing the traditions of NCHS in advancing and providing health care for the benefit of residents in our eight-county service area. NCHS promotes healthy communities for all area residents by supporting technological and scientific advancement, education and quality-of-life and humanitarian services.



Sharing Our Resources

NCHS operates River Bend Hospital in West Lafayette, a private psychiatric inpatient health care facility.

OUR HISTORY

Governed by a volunteer board of individuals from its eight-county service area, NCHS is a 501(c)(3) organization with a long tradition of providing medical services, originally through Lafayette Home Hospital.

In 1998, Greater Lafayette Health Services was created, bringing Tippecanoe County's two general medical hospitals under joint ownership and management. In 2003, NCHS sold its membership while continuing to provide ambulatory surgical services to the community.

In January 2010, NCHS acquired Wabash Valley Hospital in West Lafayette, Indiana, renaming the psychiatric inpatient facility River Bend Hospital. NCHS's understanding of complex delivery systems—and its recognition of opportunities to enhance and further develop those systems—drive our objectives to provide and award grants to organizations providing high-quality services efficiently and effectively.

2900 N. River Road
West Lafayette, Indiana 47906
765/423-1604
nchsi.com



OUR RESPONSIBILITIES

The primary responsibilities of NCHS are to operate River Bend Hospital, a private inpatient psychiatric hospital licensed and certified by the Indiana Department of Mental Health, and to support certain activities of qualified local agencies and organizations through financial grants.