

2025 - 2027 North Central Health Services Implementation Plan

Created in response to the 2024 Community Health Needs Assessment



Mental Health

Goal: Promote mental, emotional, and behavioral well-being within the communities we serve by improving mental health.

Objective:	Indicators:
Improve overall mental health within the community	The average number of poor mental health days
Increase access to mental health services	The age-adjusted death rate due to suicide
	Mental health provider ratio

Strategy

Initiative	Increase access to mental health services	Support the development of the mental health workforce	Expand access to suicide prevention/crisis intervention	Assist mental health care and resource organizations in capacity building
Approach	Convene mental healthcare providers and community organizations to identify and plan the development of initiatives to address mental healthcare needs in the community.	Secure meaningful partnerships to support and advance mental healthcare workforce development programs in Indiana	Support the expansion of suicide prevention and crisis intervention programs	Support initiatives that develop the capacity of organizations to deliver mental health care, education, and resource referral to the service to include the highly disenfranchised communities.



Partners	MHA NAMI United Way Resiliency Network United Way Mental Health Forum	Community Health Network Psychiatry Residency Program Indiana University School of Medicine Psychiatry Residency & Fellowship Programs IU Master Social Work at Ivy Tech Community College Ivy Tech Community College	MHA QPR, ASIST & Crisis Center Training United Way 988 Work Group Education Development Center (EDC) Preventing Youth Suicide Initiative Schools: <ul style="list-style-type: none"> Covington Community School Corporation Crawfordsville Community School Corporation North White School Corporation South Montgomery Community School Corporation Southeast Fountain School Corporation Tri-County School Corporation West Lafayette Community School Corporation 	NAMI West Central Indiana Toast to Mental Health NCHS Nonprofit Executive Development Initiative Scholarships Nonprofit Leadership Group and 1:1 Coaching Program
Anticipated Impacts	Improvements in provider-patient ratios Identify and develop initiatives addressing specific mental health care needs.	Provide increased stability to Indiana-based mental healthcare workforce development programs and potentially increase the number of mental healthcare providers	Expand outreach to adolescents and others in need of suicide prevention and crisis intervention	Strengthen mental health care, education, and resource referral services
Evaluation Plan	Number of clients served	Number of psychiatry graduates Number of psychiatrists electing to practice in Indiana	Number of individuals impacted by suicide prevention programs Number of Youth Suicides in region	Number of professionals completing certificate programs Number of professionals receiving supplemental training
Resources Committed & Grants				
Outcomes				

Substance Abuse

Goal: Improve the health of the community by reducing substance abuse.

Objective:	Indicators:
Support initiatives in substance use disorder prevention, treatment, and/or recovery.	Drug Overdose
Reduce the incidence and complications of substance misuse	Excessive Drinking
	Opioid Dispensations
	Meth Lab Seizures

Strategy			
Initiative	Increase access to substance use disorder treatment and recovery	Increase access to recovery housing	Expand substance use prevention programs
Approach	Support organizations who launch, expansion, and/or enhancement of substance use disorder treatment programs	Support organizations who launch expansion and/or enhancement of recovery housing	Support the implementation of evidence-based substance use prevention programs and community education.
Partners	Recovery Homes/Organizations	Recovery Homes/Organizations	Regional Schools EDC MHA (Too Good for Drugs)
Anticipated Impacts	Expand the availability and diversity of substance use treatment options	Expand the availability and diversity of recovery housing	Expand the use and impact of evidence-based substance use prevention strategies

Evaluation Plan	Number of new certified treatment programs Number of patients served	Number of new certified recovery home beds Number of residents served	Number of youth participants Decrease in substance use risk factors
Resources Committed & Grants			
Outcomes			


Overall Health & Well-Being and Social Determinants of Health

Goal: Improve the health of the community through effective collaboration and coordination with partners who are focused on human well-being and addressing the social determinants of health that drive disparities in overall health.

Objective:	Indicators:
Collaborate with initiatives that improve overall health and well-being	Access to exercise opportunities
Collaborate with initiatives that promote physical activity and reduce obesity	Obesity
Collaborate with initiatives that support reductions in food insufficiency	Food insecurity
Coordinate services and initiatives with organizations that reduce disparities and improve the social determinants of health	Cardiovascular disease (high cholesterol/diabetes/blood pressure)
	Homelessness

Strategy

Initiative	Coordinate and collaborate with organizations whose primary focus is to promote overall health and well-being.	Coordinate services and programs in ways that align with community partners who focus on the social determinants of health.
Approach	Actively coordinate services with organizations focused on the promotion of healthy lifestyles such as trails and walking bridges for physical activity, nutritional classes, and access to nutritious foods	Coordinate care with organizations focused on reducing structural and social factors that result in disparities driven by the social determinants of health.
Partners	WREC Indiana Rural Health Association Ivy Tech Foundation	Purdue University Health Equity Initiatives Historic 5-Points
Anticipated Impacts	Greater access to opportunities for physical activity and nutritional awareness for healthier lifestyles	Greater access to life-enhancing resources to include the highly disenfranchised communities.

Evaluation Plan	Number of new or expanded resources for active living	Number of new or expanded resources that address the social determinates of health in our communities.
Resources Committed & Grants		
Outcomes	