

Preventing Youth Suicide Initiative (PYSI) Multi-Tiered School Suicide Prevention

Recommended Suicide Prevention Professional Development, Trainings, and Programs

Introduction:

The recommended professional development opportunities, trainings, and programs provided in this resource have been chosen based on their evidence-base, feasibility, and sustainability. They are organized according to their use in helping your school teams to achieve commonly identified needs in school suicide prevention. Turn to the list of resources that are most relevant to the needs your school team has identified based on the school suicide prevention assessment results and strategic action planning priorities areas/goals.

Please note that there are a variety of community organizations in the greater Western Indiana region offering trainings and programs for schools in student mental health and suicide prevention at low cost or for free. You are encouraged to first work with these community organizations to address needs in your school community and then to either a) use the stipend to strengthen your sustainability of the trainings or programs offered by community partners or to b) use your PYSI year 2 stipend to address one of the content areas that cannot already be met with existing community resources. Trainings/programs already being offered by community organizations are noted and shaded in blue within the following lists. Opportunities not available at low or no cost are shaded in white. All listed opportunities include relevant websites and contact information.

Professional Development/Training/Program Content Areas:

- [Strengthening school communities' abilities to implement Tier 1 strategies that support suicide prevention](#)
- [Strengthening school communities' abilities to identify students at risk of suicide](#)
- [Strengthening school student wellness and mental health professionals' abilities to support students identified as at risk for suicide](#)
- [Strengthening school community preparedness to implement postvention response plans after a suicide death](#)

Trainings/Programs on Tier 1 Strategies that Promote Suicide Prevention

Professional Development, Trainings, & Programs Being Offered at Low or No Cost in Indiana:

Training/ Program	Purpose/Summary	Format	Intended Audience	Website	For More Information
It's Real: Teens and Mental Health	A program for teenagers that educates on what mental health is, how to check in with someone you are worried about and how to identify both trusted adults and resources to support your mental health.	45 minute, in-person program designed to be used within high school classes.	Students between the ages of 14-18.	https://afsp.org/itsreal	<ul style="list-style-type: none"> Submit the Indiana AFSP Program Request Form: https://afsp.wufoo.com/forms/afsp-indiana-program-request-form/
Understanding Mental Wellness & Prescription Drug Safety	Online trainings for students, educating them on mental wellness and prescription drug safety.	Online self-paced trainings.	Students in middle school & high school.	everfi.com/k-12/course-listing/	<ul style="list-style-type: none"> North Central Health Services (NCHS) is providing free access to Everfi's Prescription Drug Safety and Understanding Mental Wellness programs. Contact Kaley Esselborn @ kesselborn@everfi.com
Wellness Recovery Action plan (WRAP)	A program for adults that helps them identify strategies, processes, and a plan for staying mentally healthy.	Offered as two, 2-hour classes or one 4-hour class and can be repeated monthly.	Resource for school staff, parents/guardians, and students who are 18 years of age or older.	nami-wci.org/services/education/	<ul style="list-style-type: none"> NAMI West Central Indiana is leading these classes. Contact Joy Mabbitt at jmabbitt@nami-wci.org
Sources of Strength	Train's school staff and youth peer leaders in the implementation of an in-depth school framework for developing a positive school environment that promotes school social connectedness and	In-Person training for adult advisors and peer leaders that adult advisors can self-sustain	Adult staff, community partners, and students in	sourcesofstrength.org	<ul style="list-style-type: none"> Indiana Family and Social Services Administration is offering Sources of Strength through a statewide Garrett Lee Smith Suicide Prevention Grant. Contact Michelle Bulington @ michelle.bulington@fssa.in.gov

	life-skills. Includes building student awareness of how to seek help from trusted adults in the school community.	after completing a train the trainer. Train the Trainer can be completed in-person or virtually. In-school activities post the adult train the trainer are in-person.	elementary, middle, & high school.		<ul style="list-style-type: none"> Healthy Communities of Clinton County is offering Sources of Strength. Contact info@healthclintoncounty.org Visit https://sourcesofstrength.org/pricing/ for information and pricing on additional training options.
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Professional Development, Trainings, & Programs Available to Purchase:

Training/ Program	Purpose/Summary	Format	Intended Audience	Website	For More Information
Dialectical Behavior Therapy (DBT) in Schools: Skills Training and Emotional Problem Solving for Adolescents (DBT STEPS-A) Curriculum	Provides a curriculum that teachers and other school personnel can use to implement 30 different lesson plans on developing youth skills in mindfulness, distress tolerance, emotion regulation, and relationships. Been shown to decrease both suicidal ideation and attempts in youth.	Curriculum manual for school staff. Manual is reproduceable and available in PDF and lay-flat binding.	Curriculum to implement with 6-12 grade students.	dbtinschools.com/dbt-steps-a	<ul style="list-style-type: none"> Visit the DBT in Schools website: https://www.dbtinschools.com/
Gizmo’s Pawesome Guide to Mental Health	A self-directed Gizmo’s Pawesome Guide implementer training with Curriculum that teachers can use to teach elementary school students about mental health, healthy coping skills, and identifying trusted adults.	Online, self-paced training with curriculum materials and technical assistance from the curriculum creators.	Training for elementary school staff and curriculum for elementary students.	gizmo4mentalhealth.org/	<ul style="list-style-type: none"> Visit the webpage gizmo4mentalhealth.org/curriculum-preview/ to learn more on the curriculum. Visit gizmo4mentalhealth.org/contact/ to request more information on purchasing the curriculum and technical assistance. Indiana AFSP currently offering Gizmo’s Pawesome Guide to Mental Health Read Alongs

					that can support Curriculum rollout, submit the Indiana AFSP Program Request Form: https://afsp.wufoo.com/forms/afsp-indiana-program-request-form/
Good Behavior Game	Provides training and t/a to help teachers implement a team-based classroom behavior management strategy which helps children learn how to act as effective students and peers and learn lifelong skills that have been shown to reduce suicidal ideation.	Intensive, three-day, in-person training for teachers with ongoing coaching and materials for playing the game throughout the year.	Curriculum to implement with elementary school students.	goodbehaviorgame.air.org/index.html	Visit the Good Behavior Game website: https://goodbehaviorgame.air.org/index.html
Hope Squad	A program that educates a group of youth leaders in suicide prevention, mental health, resilience, and anti-bullying. These youth leaders participate in learning sessions and identify the school community's trusted adults. These youth leaders also help change the school culture to increase connectedness and decrease stigma related to mental health.	Schools partner with mental health agencies in implementing Hope Squads. 20-30 peer leaders engage in monthly trainings which include lesson plans and activities. Peer leaders identify trusted adults, help connect struggling youth with the trusted adults, and support broader school culture change throughout the academic year.	Peer leadership program can be implemented in elementary through high school. Hope Squad is adaptable for different grade levels.	hopesquad.com/faq/	For more information on Hope Squad, email info@hopesquad.com .

Trainings/Programs on Identifying Students Who Are at Risk for Suicide

Please note: Many trainings on identifying students who are at risk for suicide (gatekeeper trainings) are available to either attend or to become certified instructors. Visit relevant websites to learn about the available opportunities, cost, and time commitment for attending or becoming a certified instructor.

Professional Development, Trainings, & Programs Being Offered at Low or No Cost in Indiana:

Training/ Program	Purpose/Summary	Format	Intended Audience	Website	For More Information
Ending the Silence for students	Offers a presentation discussing the warning signs of mental health conditions, facts/statistics on mental health, and young adult stories of recovery. The presentation is designed to help students learn what steps they can take to help themselves or a friend deal with mental illness. Presentation can also be provided to school staff and parents.	A mixture of in-person presentations and accompanying videos.	Students, School Staff, and Parents/Guardians.	https://nami-wci.org/services/community-outreach/	<ul style="list-style-type: none"> Indiana Family and Social Services Administration is supporting NAMI West Central Indiana in offering these presentations through a statewide Garrett Lee Smith Suicide Prevention Grant. NAMI West Central Indiana is leading these trainings. Contact Joy Mabbitt at jmabbitt@nami-wci.org
Mental Health First Aid (MHFA) & Youth Mental Health First Aid (YMHFA)	An in-depth course that teaches adults how to identify, understand, and respond to signs of mental illness and substance misuse. Provides skills in interacting with someone experiencing a mental health crisis and connecting them with mental health services.	Full-day, in-person, interactive training.	Adult staff and/or parents/guardians. Youth version of MHFA focuses specifically on understanding and responding to signs of mental illness and	mentalhealthfirstaid.org Information on Youth MHFA is available at https://www.mentalhealthfirstaid.org/population-focused-modules/youth/	<ul style="list-style-type: none"> For information on becoming an MHFA or YMHFA instructor visit, mentalhealthfirstaid.org/become-an-instructor/ Healthy Communities of Clinton County is offering MHFA trainings through their own certified MHFA instructor. Contact info@healthclintoncounty.org

			substance misuse in youth.		<ul style="list-style-type: none"> AFSP is offering MHFA & YMHA trainings through their own certified instructors. Find available trainings at afsp.org/chapter/indiana#events
More than Sad	Three different versions of this training can be used to provide teachers, parents/guardians, or teens with information on the warning signs of mental distress and how to get help.	In person or virtual trainings that are 90-120 minutes.	Teachers, parents/guardians, and/or students	afsp.org/more-than-sad	<ul style="list-style-type: none"> Submit the Indiana AFSP Program Request Form: https://afsp.wufoo.com/forms/afsp-indiana-program-request-form/
Question Persuade Refer (QPR)	Provides a short training on recognizing the warning signs for suicide, asking someone if they are thinking about killing themselves, and connecting them with mental health services	<p>In-Person or Self-Paced options available for those wanting to become a QPR instructor who can offer their own trainings in their school community.</p> <p>One-time online/virtual trainings available with specialized content for individuals in specific roles (e.g., have a QPR for school health professionals and a QPR for sport coaches).</p>	Adult staff.	https://qprinstitute.com/	<ul style="list-style-type: none"> Indiana Family and Social Services Administration is offering free QPR Instructor Training opportunities through a statewide Garrett Lee Smith Suicide Prevention Grant. Contact Michelle Bulington @ michelle.bulington@fssa.in.gov Healthy Communities of Clinton County is offering free QPR trainings through their own certified QPR instructor. Contact info@healthclintoncounty.org Mental Health America, Wabash Valley Region is offering free QPR trainings through their own certified QPR instructors. Contact mha@mhawv.org
SafeTALK	Training that teaches adults and teenagers to recognize the warning signs of suicide, engage someone at risk for suicide, and connect them with safety/help resources.	4 hour, in-person training including presentations, audiovisuals, and skills practice.	Adult staff and/or parents/guardians. Teenagers 15 +.	livingworks.net/safetalk	<ul style="list-style-type: none"> Visit LivingWorks website to learn more: https://www.livingworks.net/

					<ul style="list-style-type: none"> AFSP is offering SafeTALK trainings through their own certified instructors. Find available trainings at afsp.org/chapter/indiana#events
Talk Saves Lives	Training that provides an overview of the scope of the problem, an understanding of suicide risk and protective factors, information on the warning signs of suicide, and steps to keep yourself and others safe.	45-60 minute in-person training.	Adult staff and/or parents/guardians.	afsp.org/talk-saves-lives	Submit the Indiana AFSP Program Request Form: https://afsp.wufoo.com/forms/afsp-indiana-program-request-form/

Professional Development, Trainings, & Programs Available to Purchase:

Training/ Program	Purpose/Summary	Format	Intended Audience	Website	For More Information
Connect Suicide Prevention & Intervention Training	Training that teaches community members how to recognize the warning signs of suicide and intervene with a person at risk, as well as helping the community to develop across-system capacity to develop a safety net for individuals at risk for suicide.	In-person training that can be offered in segments of 1 or 2 days. The 1-day training focuses on education only. The 2-day training focuses on education and community planning.	Adult staff, with a specialization in bringing together a variety of community partners.	theconnectprogram.org/available-services/suicide-prevention-and-intervention-training-with-a-community-based-approach/	Visit the Connect website to learn more: https://theconnectprogram.org/
Lifelines Prevention Training	Curriculum designed for middle and high schools to help staff, parents, and students learning suicide warning signs, how to get help, and their roles in suicide prevention.	Curriculum is designed to be integrated into health class programming and lesson plans.	Staff, parents, and middle and high school students.	hazelden.org/web/public/lifelines.page	Visit Lifelines website to learn more and to purchase the curriculum: https://www.hazelden.org/web/public/lifelines.page

Lifelines Intervention Training	Curriculum designed for school staff to help them better involve parents in suicide prevention efforts, and to learn how to intervene when a student is at risk for suicide.	Curriculum is designed to be taught by school staff to school staff.	School staff.	hazelden.org/web/public/lifelines.page	Visit Lifelines website to learn more and to purchase the curriculum: hazelden.org/web/public/lifelines.page
Making Educators Partners in Youth Suicide Prevention: ACT on FACTS	This training provides education to school staff on how to develop school cultures that promote suicide prevention, understand their role in suicide prevention, what groups of students may be at increased risk for suicide, and specific strategies for educators to use in supporting students who are at risk.	2-hour online or in-person training.	School teachers in high school, middle school, and elementary school.	sptsuniversity.org	Visit the Society for Prevention of Teen Suicide (SPTS) to learn more: https://sptsusa.org/educators/meptrailer/
Signs of Suicide for Students	This training fits into a typical single class period and can be used by school staff to teach students about the warning signs of suicide, how to get help for themselves or a friend, and can include implementation of optional depression and suicide risk screenings for youth.	In-person training that school staff can incorporate into class periods. Can include sharing of a non-diagnostic suicide risk screening form.	Middle & Highschool Students.	learn.mindwise.org/sos-signs-of-suicide	Visit the MindWise Innovations website: https://learn.mindwise.org/sos-signs-of-suicide
Signs of Suicide for Adults	This online or in-person training provides school staff with skills to identify the warning signs of suicide, engage in caring conversations with youth who are at risk, and to keep students safe while they are connected with mental health staff.	Available as a one-hour, self-guided online course or as a two-hour live gatekeeper training that staff can take part in online or in-person.	K-12 School Staff.	mindwise.org/sos-for-school-staff/	Visit the MindWise Innovations Website: https://www.mindwise.org/sos-for-school-staff/

Strengthening School Student Wellness & Mental Health Professionals’ Abilities to Support Students Who Are at Risk for Suicide

Professional Development, Trainings, & Programs Being Offered at Low or No Cost in Indiana:

Training/ Program	Purpose/Summary	Format	Intended Audience	Website	For More Information
988 Crisis Line	24/7 free mental health, suicide, and substance misuse crisis line that is available to youth and adults by calling 988 or texting 765-742-0244.	Trained crisis line counselors can help stabilize crisis callers and provider referrals to community resources/ services, including emergency services when needed.	Resource for school staff, parents/ guardians, and students of any age who are able to access and use a phone.	mhawv.org/crisis-center/	<ul style="list-style-type: none"> Mental Health America, Wabash Valley Region is running the area’s 988 crisis line. Contact mha@mhawv.org information and resources to help promote the crisis line.
ASIST (Applied Suicide Intervention Skills Training)	Provides training in recognizing the warning signs of suicide and assessing suicide risk, providing suicide-specific interventions, and developing a safety plan to keep youth safe.	Two-day face-to-face workshop, including presentations, discussions, simulations, and audio visuals.	School counselors and social workers.	livingworks.net/asist	<ul style="list-style-type: none"> Indiana Family and Social Services Administration is offering ASIST Instructor Training opportunities through a statewide Garrett Lee Smith Suicide Prevention Grant. Contact Michelle Bulington @ michelle.bulington@fssa.in.gov Healthy Communities of Clinton County is offering ASIST trainings through their own certified ASIST instructor. Contact info@healthclintoncounty.org AFSP is offering ASIST trainings through their own certified instructors. Find available trainings at afsp.org/chapter/indiana#events

<p>CAMS (Collaborative Assessment and Management of Suicidality)</p>	<p>Training on using the CAMS framework and associated suicide status form to assess suicide risk and create a treatment plan specifically for individuals with serious thoughts of suicide.</p>	<p>3 hour online foundational training and/or 7 hour in-person role-play training, providing direct practice using the CAMS suicide status form.</p>	<p>Mental health professionals (including community and school mental health professionals).</p>	<p>cams-care.com/training-certification/</p>	<ul style="list-style-type: none"> Indiana Family and Social Services Administration is offering CAMS trainings for mental health professionals through a statewide Garrett Lee Smith Suicide Prevention Grant. Contact Michelle Bulington @ michelle.bulington@fssa.in.gov
<p>Let's Talk</p>	<p>Peer Recovery Specialists (adults who have experience similar mental health challenges and recovered) provide emotional support services to adult clients as they seek out and engage in formal mental healthcare.</p>	<p>MHA Peer Recovery Specialists engage in in person or telephone appointments that are 30-45 minutes in length.</p>	<p>Resource for school staff, parents/guardians, and students who are 18 years of age or older.</p>	<p>mhawv.org/lets-talk/</p>	<ul style="list-style-type: none"> Mental Health America, Wabash Valley Region is providing Peer Recovery Specialists. Contact mha@mhawv.org
<p>MHA Support Groups (Depression Anxiety and Bipolar, Survivors of Suicide, and Survivors of Sexual Assault)</p>	<p>Peer led support groups that provide group dialogue for individuals sharing similar experiences.</p>	<p>Support groups are hosted one or two times per month virtually or in-person.</p>	<p>Resource for school staff, parents/guardians, and students who are 18 years of age or older.</p>	<p>mhawv.org/support-groups/</p>	<ul style="list-style-type: none"> Mental Health America, Wabash Valley Region is providing support groups. Contact mha@mhawv.org NAMI West Central Indiana is leading these support groups. Contact Sheri Moore: smoore@nami-wci.org
<p>NAMI Connections Support Group & Family Support Group</p>	<p>NAMI Connections is a peer-led support groups for adults living with serious mental illness. Provides a structured atmosphere for adults to discuss their challenges and support one another.</p> <p>NAMI Family Support Group is a peer-led support group for family members of those living with serious mental illness. Uses a workshop format to help family</p>	<p>Weekly, in-person, 90-minute, support groups located at the NAMI Office.</p>	<p>Resource for school staff, parents/guardians, and students who are 18 years of age or older.</p> <p>Also offer a Connections Support Group specifically for</p>	<p>nami-wci.org/services/support-groups/</p>	<ul style="list-style-type: none"> NAMI West Central Indiana hosts these support groups. Contact Joy Mabbitt at jmabbitt@nami-wci.org

	members discuss their challenges and support their loved ones.		LGBTQ+ adults living with mental illness.		
NAMI Peer-to-Peer Education and Family to Family Education	Peer to Peer Class provides individuals living with a mental illness education about mental illness, treatment, medications, managing relationships and more. Family to Family Class provides family members of those living with a mental illness with education on mental illness, medication planning, treatment planning, supporting loved ones with mental illness, supporting oneself as a caregiver, and more.	8-week, in-person classes held at the NAMI office and taught by trained peer mentors.	Resource for school staff, parents/guardians, and students who are 18 years of age or older.	nami-wci.org/services/education/	<ul style="list-style-type: none"> NAMI West Central Indiana hosts these classes. Contact Joy Mabbitt at jmabbitt@nami-wci.org
Online Mental Health Screenings	Anonymous, free, online screening tools that anyone can fill out to see if they may be experiencing common mental health challenges. The online screenings include a Youth Mental Health Test.	Online screenings take less than 15 minutes to complete and provide follow-up recommendations and resources based on results. Screenings results can be saved and shared with trusted adults.	Resource for school staff, parents/guardians, and students in middle or high school.	screening.mhanational.org/screening-tools/?ref=MHATippecanoe	<ul style="list-style-type: none"> Mental Health America, Wabash Valley Region is providing online mental health screenings. Contact mha@mhawv.org
Systems-of-Care Navigator Services	A short-term case management program whereby Mental Health America (MHA) Wabash Valley Region connects individuals with clinical mental health services that fit their needs.	MHA case managers will research available mental health services and facilitate connections between families and mental health providers. Free case	Resource for school staff, parents/guardians, and families of youth to use when making external referrals to	mhawv.org/mental-health-navigator-services/	<ul style="list-style-type: none"> Mental Health America, Wabash Valley Region is providing Systems of Care Navigators. Contact mha@mhawv.org

		management is available in their 11-county service area.	mental health services.		
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Professional Development, Trainings, & Programs Available Free Online

Training/ Program	Purpose/Summary	Format	Intended Audience	Website	For More Information
Counseling on Access to Lethal Means	Provides mental health professionals (counselors, social workers, therapists) training in discussing means safety with individuals struggling with suicidality.	Free online training.	Mental health professionals (including community and school mental health professionals)	solutions.edc.org/solutions/zero-suicide-institute/services/training/counseling-access-lethal-means-calm	<ul style="list-style-type: none"> Enroll in the free training at: https://solutions.edc.org/solutions/zero-suicide-institute/services/trainings/counseling-access-lethal-means-calm
Columbia Suicide Severity Rating Scale (C-SSRS) Trainings	Trainings on effectively using the Columbia Suicide Severity Rating Scale (suicide risk screener and assessment).	Free online trainings through a variety of formats including: An interactive module, pre-recorded webinars, & live webinars all 1 hour or less. Also provide 90-minute, in-person workshops when requested.	Both mental health and other student support staff (such as nurses, faith leaders, guidance counselors, etc.)	cssrs.columbia.edu/training/training-options/	<ul style="list-style-type: none"> Learn more on all types of available trainings at cssrs.columbia.edu/training/training-options/
Safety Planning Intervention for Suicidal Individuals	Training on providing a safety planning intervention for individuals who are at risk for suicide, including an overview of when to use a safety plan and the steps in conducting an evidence-informed safety plan.	Free online, training on conducting a safety plan with individuals struggling with suicidal thoughts.	Mental health professionals (including community and school mental health professionals)	practiceinnovations.org/portals/0/SafetyPlanning/shell.html	<ul style="list-style-type: none"> Access the free online training at https://practiceinnovations.org/portals/0/SafetyPlanning/shell.html

Professional Development, Trainings, & Programs Available to Purchase:

Training/ Program	Purpose/Summary	Format	Intended Audience	Website	For More Information
Assessing and Managing Suicide Risk (AMSR)	Provides mental health professionals (counselors, social workers, therapists) training in assessing an individuals' current level of suicide risk and how to monitor that suicide risk over time	In-Person or online training for mental health professionals.	Mental health professionals (including community and school mental health professionals)	solutions.edc.org/solutions/zero-suicide-institute/amsr	<ul style="list-style-type: none"> Information on in-person and online trainings available at solutions.edc.org/solutions/zero-suicide-institute/amsr/services
Certified QPR + Pathfinders Training	Training provides basic education on recognizing suicide warning signs and how to intervene-- coupled with training on how to engage in assessing and managing suicide risk, safety planning, provide grief support specific to suicide loss, and carrying out key postvention steps following a suicide death.	In-depth, 14-hour online training, including reading, activities, and multimedia.	School support staff serving in roles to promote student wellbeing (social workers, nurses, faith leaders, guidance counselors, etc.)	qprinstitute.com/qpr-pathfinder	<ul style="list-style-type: none"> Learn more at https://qprinstitute.com/qpr-pathfinder

Strengthening School Community Preparedness to Implement Postvention Response Plans

Professional Development, Trainings, & Programs Being Offered at Low or No Cost in Indiana:

Training/ Program	Purpose/Summary	Format	Intended Audience	Website	For More Information
AFSP Suicide Bereavement Clinician Training (SBCTP)	This training provides mental health professionals with education on and practice in effectively supporting individuals bereaved by suicide. Can provide 6.5 hours of CE credits for NASW and NBCC.	Live, online training that includes didactic and video presentations, group discussion, and case examples, usually hosted over two days.	Mental health professionals, clergy, pastoral counselors, school personnel, and interested others.	sbct-fl.attendase.com/	<ul style="list-style-type: none"> Email Kelsey Aaron with the Indiana AFSP Chapter at kaaron@afsp.org
AFSP Suicide Loss Support Group Facilitator Training	Training provides education, practice, and a model for creating and facilitating support groups for suicide loss survivors. AFSP offers two courses: one on facilitating adult support groups and another on facilitating child and teen support groups.	In-person, two-day training being offered in Indianapolis. Training includes lectures, interactive discussion, and role-playing.	Mental health professionals and survivors of suicide loss (Recommended that survivors of suicide loss wait 2 years before becoming support group facilitators)	afsp.org/facilitating-a-suicide-bereavement-support-group	<ul style="list-style-type: none"> Email Kelsey Aaron with the Indiana AFSP Chapter at kaaron@afsp.org
LOSS (Local Outreach to Suicide Survivor Teams)	Trained volunteers who have lost a loved one to suicide provide support to families and loved ones following a local suicide death.	In-person support and resources are provided to families and friends following a suicide death.	Anyone experiencing the loss of a loved one to suicide.	nami-wci.org	<ul style="list-style-type: none"> Indiana Family and Social Services Administration is supporting NAMI in hosting LOSS teams through a statewide Garrett Lee Smith Suicide Prevention Grant.

					<ul style="list-style-type: none"> NAMI West Central Indiana has launched a local LOSS team. Contact Sheri Moore: smoore@nami-wci.org
PREPaRE Workshop 2 Training: Crisis Intervention and Recovery: The Roles of School-Based Mental Health Professionals	Training help schools improve and strengthen their school safety and crisis management plans and emergency response. Workshop 2 Training is geared toward providing immediate mental health crisis interventions to the students, staff, and school community members who have been simultaneously exposed to an acute traumatic stressor.	In-person two-day training, including presentations, activities, and class materials.	School mental health professionals and other school crisis response team members.	nasponline.org/professional-development/prepare-training-curriculum	<ul style="list-style-type: none"> For questions on the training, email the NASP PREPaRE Coordinator at prepare@naspweb.org Tippecanoe School Corporation and NCHS are offering a free Workshop 2 training on June 20th-21st for PYSI Grantee Schools. Call or email Megan Ulrich if you have any questions at (765) 269-8402 or mlulrich@tsc.k12.in.us

Professional Development, Trainings, & Programs Available to Purchase:

Training/ Program	Purpose/Summary	Format	Intended Audience	Website	For More Information
Connect	Provides communities with in-depth training on creating and implementing strong postvention response plans, implementing strategies to support a grieving community, and mitigating future suicide risk.	In-person training, available at a variety of levels of length and depth in content.	Communities and/or specific organizations (such as schools)	theconnectprogram.org/	<ul style="list-style-type: none"> Read more on the Connect postvention training at theconnectprogram.org/available-services/reduce-suicide-risk-and-promote-healing-suicide-postvention-training/
Lifelines Postvention: Responding to Suicide and Other Traumatic Death	Curriculum designed for school staff to learn how to implement a response plan following a student death by suicide or other traumatic death.	Curriculum designed for school staff to teach school staff.	School staff.	hazelden.org/web/public/lifelines.page	<ul style="list-style-type: none"> Visit Lifelines website to learn more and to purchase the curriculum: hazelden.org/web/public/lifelines.page

<p>PREPaRE: Workshop 1 Training: Crisis Prevention and Preparedness Comprehensive School Safety Planning</p>	<p>Training help schools improve and strengthen their school safety and crisis management plans and emergency response. Workshop 1 focuses on developing crisis response teams and plans and working with community crisis response personnel.</p>	<p>In-Person 1-day training, including presentations, activities, and class materials.</p>	<p>School mental health professionals, administrators, security officers, and educators.</p>	<p>nasponline.org/professional-development/prepare-training-curriculum</p>	<ul style="list-style-type: none"> For questions on the training, email the NASP PREPaRE Coordinator at prepare@naspweb.org
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Reach out to your EDC T/A Specialist with questions on professional development, training, & program opportunities.

All opportunities must be approved by NCHS prior to spending stipend funds on the initiative.

Last Updated: 2.3.23