

2022-2024 North Central Health Services Implementation Plan



Created in response to the 2021 Community Health Needs Assessment

Mental/Behavioral Health & Adverse Childhood Experiences

Goal: Promote mental, emotional, and behavioral well-being within the communities we serve by improving mental health and preventing and reducing the impact of adverse childhood experiences.

Objective:	Indicators:
Improve overall mental health within the community	The average number of poor mental health days
Increase community awareness of ACEs and potential risk	The age-adjusted death rate due to suicide
Build resilience among youth and adults in our communities	ACEs Indicators
	Teen pregnancy rate
	Mental Health Provider Ratio

Strategy				
Initiative	Increase access to mental health	Behavioral Health Workforce Development	Expand access to suicide prevention/crisis intervention	Assist mental health care and resource organizations in capacity building
Approach	Convene mental healthcare providers and community organizations to identify and plan the development of initiatives to address mental healthcare needs in the community.	Secure meaningful partnerships to support and advance mental healthcare workforce development programs in Indiana	Support the expansion of suicide prevention and crisis intervention programs Youth Suicide Prevention Implementation (pre-k-12)	Support initiatives that develop the capacity of organizations to deliver mental health care, education, and resource referral to the service to include the highly disenfranchised communities. As started in 2019, continue the Resilient Youth Initiative through 2024 (MSD Warren County).



Partners	MHA NAMI United Way Resiliency Network United Way Mental Health Forum	Community Health Network Psychiatry Residency Program Indiana University School of Medicine Psychiatry Residency & Fellowship Programs IU MSW at PU	MHA QPR & Crisis Center Training Education Development Center (EDC) Attica Consolidated School Corporation Benton Community School Corporation Clinton Central School Corporation Clinton Prairie School Corporation Community Schools of Frankfort Frankfort Crossing School of Business & Entrepreneurship Lafayette Catholic School System Lafayette School Corporation MSD of Warren County Rossville Consolidated School District Tippecanoe School Corporation Twin Lakes School Corporation	NAMI West Central Indiana Toast to Mental Health NCHS Nonprofit Executive Development Initiative Scholarships North Central Indiana Mental Health Summit
Anticipated Impacts	Identify and develop initiatives addressing specific mental health care needs	Provide increased stability to Indiana-based mental healthcare workforce development programs and potentially increase the number of mental healthcare providers	Expand outreach to adolescents and others in need of suicide prevention and crisis intervention	Strengthen mental health care, education, and resource referral services
Evaluation Plan	Number of clients served	Number of psychiatry graduates Number of psychiatrists electing to practice in Indiana	Number of individuals impacted by suicide prevention programs Number of Youth Suicides in region	Number of professionals completing certificate programs Number of professionals receiving supplemental training
Resources Committed & Grants				
Outcomes				

Substance Abuse

Goal: Improve the health of the community by reducing substance abuse.

Objective:	Indicators:
Support initiatives in substance use disorder prevention, treatment, and/or recovery.	Drug Overdose
Reduce the incidence and complications of substance misuse	Excessive Drinking
	Opioid Dispensations
	Meth Lab Seizures
	Nicotine utilization in youth

Strategy			
Initiative	Increase access to substance use disorder treatment and recovery	Increase Access to Recovery Housing	Expand Substance Use Prevention
Approach	Support organizations who launch, expansion, and/or enhancement of substance use disorder treatment programs	Support organizations who launch expansion and/or enhancement of recovery housing	Support the implementation of evidence-based substance use prevention programs and community education. As started in 2019, continue the Resilient Youth Initiative through 2024 (MSD Warren County).
Partners	Recovery Homes/Organizations	Recovery Homes/Organizations	Regional Schools EDC EverFi
Anticipated Impacts	Expand the availability and diversity of substance use treatment options	Expand the availability and diversity of recovery housing	Expand the use and impact of evidence-based substance use prevention strategies

Evaluation Plan	Number of new certified treatment programs Number of patients served	Number of new certified recovery home beds Number of residents served	Number of youth participants Decrease in substance use risk factors
Resources Committed & Grants			
Outcomes			


Overall Health & Well-Being

Goal: Improve the health of the community by encouraging healthy choices and reducing the disparities related to activity and nutrition.

Objective:	Indicators:
Support initiatives that improve overall health and well-being	Access to exercise opportunities
Increase physical activity and reduce obesity	Obesity
Increase the availability of healthy foods within the community	Food insecurity
Support organizations that reduce disparities and improve the social determinates of health	Cardiovascular disease (high cholesterol/diabetes/blood pressure)
	Homelessness

Strategy

Initiative	Increase access to resources to prevent obesity and preventable chronic diseases.	Address Social Determinates of health
Approach	<p>Provide funding for the promotion of healthy lifestyles such as trails and walking bridges for physical activity, nutritional classes, and access to nutritious foods</p> <p>Support for youth organizations who provide advancement of health and wellbeing</p>	Support organizations and projects to address social determinants of health. The United States Centers for Disease Control and Prevention (CDC) defines social determinants of health as "life-enhancing resources, such as food supply, housing, economic and social relationships, transportation, education, and health care, whose distribution across populations effectively determines length and quality of life".
Partners	WREC	

Anticipated Impacts	Greater access to opportunities for physical activity and nutritional awareness for healthier lifestyles	Greater access to life-enhancing resources to include the highly disenfranchised communities.
Evaluation Plan	Number of new or expanded resources for active living	Number of new or expanded resources that address the social determinates of health in our communities.
Resources Committed & Grants		
Outcomes	