

Benefiting residents of Benton,
Carroll, Clinton, Fountain,
Montgomery, Tippecanoe, Warren,
and White counties



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2015
Community
Benefit
Update

RESPECTING OUR PAST. PREPARING FOR OUR FUTURE.



BENEFITING RESIDENTS OF INDIANA'S BENTON, CARROLL, CLINTON, FOUNTAIN, MONTGOMERY, TIPPECANOE, WARREN, AND WHITE COUNTIES



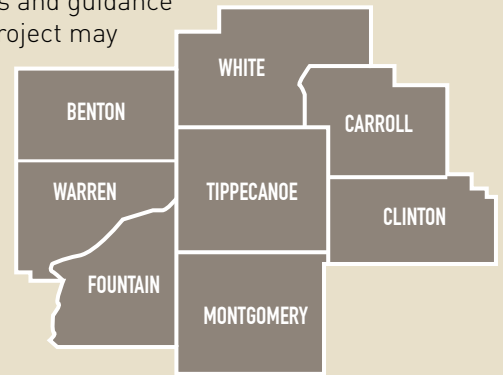
Helping Communities in Eight Counties

NCHS is committed to advancing and providing health care for the benefit of the citizens of Benton, Carroll, Clinton, Fountain, Montgomery, Tippecanoe, Warren, and White counties. NCHS operates River Bend Hospital, a private inpatient psychiatric hospital, licensed and certified by the Indiana FSSA Division of Mental Health and Addiction. NCHS also provides financial support, primarily in the form of capital grants, to nonprofit organizations who share our commitment to health and the development of healthy communities.

In 2015, NCHS and River Bend Hospital conducted a community health needs assessment to identify the most critical health care and social issues in the NCHS service area. The resulting report, available at nchsi.com/assessment, provides a guide for determining where grantmaking can make the greatest impact on health and healthy communities. NCHS was privileged to partner

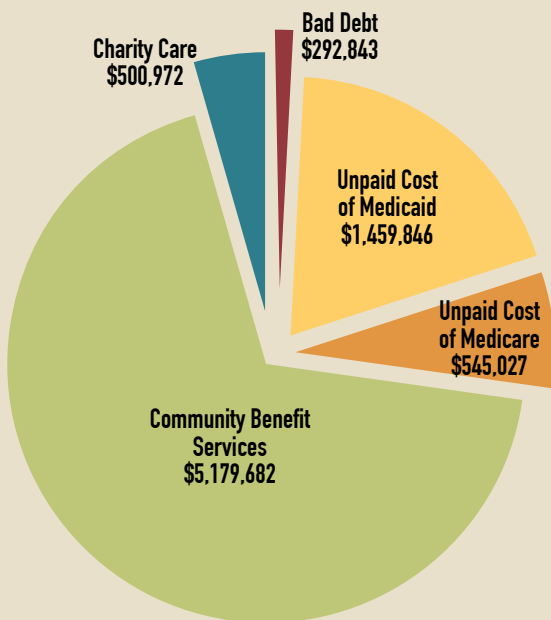
with nonprofit organizations this year to improve health care access, food security, safe shelter, and other areas of identified community need.

Read on to learn more about these innovative projects. Visit our website, nchsi.com, for more information on the grant application process and guidance on whether your project may be a fit for NCHS grantmaking in the year to come.



Continuing Our Caring Tradition

2015 COMMUNITY BENEFIT SNAPSHOT



FINANCIAL ASSISTANCE

River Bend Hospital serves the mental and behavioral health needs of those requiring inpatient intervention and mental health care regardless of their ability to pay for services. Free and partially discounted medical services are available for patients with qualifying income levels. Our patient advocate specialists work with patients who are uninsured or underinsured to explain options for health insurance coverage or financial assistance and provide guidance throughout the application process.

COMMUNITY BENEFIT SERVICES

NCHS is committed to providing health care and promoting healthy communities for the benefit of its eight-county service area. NCHS supports qualified nonprofit organizations that share a commitment to health and healthy communities, primarily through grants for capital projects. Visit the NCHS website, nchsi.com, for guidelines and application information.

Building Healthy Communities

HEALTH CARE ACCESS

Rural Primary Care Access

According to research conducted by the Indiana University Public Policy Institute, rural Indiana residents have low access to health care providers, often well below the statewide average. Just nine percent of physicians statewide practice in rural areas.

In 2014, Wolcott, Indiana's only practicing physician retired. The Health Resources and Services Administration had already designated the rural community a Health Professional Shortage Area, and the complete lack of a local physician became a serious obstacle for many residents needing primary health care. Some postponed or went without care altogether.

The new Family Health Clinic of Wolcott.



“Some of our first patients were individuals who had not sought medical care since the previous clinic closed in 2014.”

Suzan Overholser
Director of Operations
Family Health Clinic of Wolcott

The Remington Wolcott Community Development Corporation, in collaboration with White County, the Town of Wolcott, Carroll White REMC, and NCHS, helped form a solution: the Family Health Clinic of Wolcott. The Family Health Clinic was established as a new site operated by North Central Nursing Clinics, a Federally Qualified Health Center with other successful sites in underserved Indiana communities. The project received grant funding from NCHS for the purchase of the building's medical equipment.

The nurse-led community health clinic opened in June 2016. “Some of our first patients were individuals who had not sought medical care since the previous clinic closed in 2014,” said Suzan Overholser, director of operations at the clinic.



The new dental laboratory expands the dental services Riggs can provide patients.



Separation of dental services from primary health care services means patients don't have to risk infection to receive dental care.

Dental Care Access

In 2014, the Indiana State Department of Health designated Tippecanoe County a Dental Health Professional Shortage Area, identifying a need for additional dental services to improve the oral health of Tippecanoe County residents. To address that need, Riggs Community Health Center, a Federally Qualified Health Center, approached NCHS for support relocating its dental department to fully occupy an adjacent facility. The project doubled both the square footage devoted to dental services and the number of exam suites. The request aligned well with the need for affordable dental care identified by the 2015 River Bend Hospital Community Health Needs Assessment, and Riggs was awarded a \$197,148 grant for the relocation, the addition of three dental exam chairs, the purchase of other equipment, and the establishment of a laboratory for dental services.

The dental laboratory will allow Riggs to offer more types of critical dental services their previous facilities didn't allow for, such as crowns for broken teeth. Separation of dental services from the center's primary health care service areas also means patients won't have to risk infection to receive dental care. Furthermore, the coordination of dental health records and medical health records will allow Riggs doctors and dentists to provide patients with referrals for unmet needs.

The dental care center opened June 2016. In this new, dedicated facility, Riggs hopes to double the number of dental care patient visits this year.

Increased storage space helps Food Finders distribute more healthy produce and perishables to pantries in its food bank network.



Food Finders "shortening the line" initiatives include one-on-one case management, referral services, and educational programs.

“If we are successful, our clients will come through the door for food, but leave with renewed hope for a better future.”

Katy Bunder
CEO and President
Food Finders

FOOD SECURITY

There are many aspects of a healthy food environment. The food environment index rankings published by the Robert Wood Johnson Foundation measure two of the most important factors: access to healthy foods and food insecurity. In 2016, Tippecanoe County ranked among the lowest performing counties in the state, and unsurprisingly, the 2015 River Bend Hospital Community Health Needs Assessment identified hunger as a significant community social need in the NCHS service area.

Regionwide Coordination

Food Finders Food Bank is working to close the food security gap in Tippecanoe and surrounding counties. Supported by a \$2 million grant from NCHS, Food Finders opened two new facilities in 2016: an expanded warehouse facility and a Food Resource and Education Center.

The expanded warehouse is designed to increase storage for and distribution of fresh produce and dairy products, doubling the amount of food that can be stored and enabling Food Finders to better serve the 120 pantries and shelters in its food bank network.

Shortening the Line

The new Food Resource and Education Center will house a large and accessible food pantry, open night and weekend hours not currently available at other area pantries. Food Finders will also offer an intake and referral service to connect clients in need of food with other services such as prescription assistance, medical services, job training,



housing, and child care. Food Finders calls their new programs an effort to “shorten the line” — that is, to prevent or address the root causes of the need for emergency food and thereby reduce the number of food-insecure clients in line at the food bank. Utilizing community volunteers, Food Finders has begun offering individual and group classes for pantry clients on household budgeting, smart shopping practices, meal planning, nutrition, and gardening.

“If we are successful, our clients will come through the door for food, but leave with renewed hope for a better future,” said Food Finders CEO and president Katy Bunder.

SAFE SHELTER

Safe Shelter from Violence

In 2014, NCHS commissioned a domestic violence shelter needs assessment to obtain data, assess services, review best practices, and recommend opportunities in the NCHS service area for organizational, collaborative, or capital investments to enhance services for victims of domestic violence.

Some of the many organizations participating in the assessment included Family Crisis Shelter in Crawfordsville, Hope Springs Safe House in Attica, Indiana Coalition Against Domestic Violence, YWCA Greater Lafayette, and Wabash Valley Alliance. The needs assessment was shared with participating organizations to positively impact the field and spark new collaborations among organizations. NCHS also initiated conversations with the shelters regarding grant opportunities recommended in the study, resulting in grants of \$51,300 to Hope Springs Safe House in Attica and \$79,041 to YWCA Greater Lafayette.

As hoped, the assessment initiated conversations and opportunities beyond NCHS grantmaking: Family Crisis Shelter in Crawfordsville renewed conversations with local prosecutors to better coordinate services; YWCA Greater Lafayette is transforming its former shelter into an advocacy center for victims; and Hope Springs Safe House in Attica leveraged new operational funding to expand their staff and services.



As hoped, the assessment initiated conversations and opportunities beyond NCHS grantmaking.



The domestic violence shelter needs assessment provided essential data on opportunities to better serve the needs of families in crisis.

The Liberty Place project brought volunteers together to build safe shelter for individuals with developmental disabilities.



Safe Shelter for All Abilities

Abilities Services, Inc. (ASI) has provided services to individuals with developmental disabilities and their families in Clinton, Montgomery, Tippecanoe, and surrounding counties for over forty years. A portion of their client population who are higher-functioning than most individuals served by group homes live independently, in homes or apartments of their choice, or with family members. ASI provides these clients supported living services ranging from just a few hours of support each week to 24/7 supervision and help with home care, personal hygiene, cooking, laundry, shopping, and other daily living activities.

In both Clinton and Montgomery counties, ASI found their supported living clients were faced with few affordable housing options for group living, spaces that fell short in meeting ADA specifications, and a lack of access to sidewalks and safe road crossings, limiting their clients' opportunities to travel safely outside their homes for errands, leisure, or exercise. Because they are comparatively independent, these individuals typically don't qualify for Medicaid-supported

group homes, but have similar economic challenges and also wish to live with others. ASI was motivated to craft an affordable solution: Liberty Place Homes. Liberty Places Homes are 3-bedroom, 2-bath houses in which three individuals with developmental disabilities can live independently but communally, sharing household responsibilities and expenses.

When ASI approached NCHS for grant funding, they already boasted model partnerships with Habitat for Humanity of Montgomery County and Habitat for Humanity of Clinton County to reduce construction labor costs, leveraging each organization's unique strengths to make a positive impact on the population in need. NCHS committed \$193,900 in grant funding toward materials and other costs. The homes will provide residents with safe and accessible facilities, green space, and residence in neighborhoods with safe sidewalks within walking distance of parks, restaurants, and retail areas, as well as nearby events, festivals, and walking paths.



Making Long-Term Impact

REVIVE & SURVIVE

In 2004, NCHS and the Kathryn Weil Center for Education partnered to launch Revive & Survive. The mission of Revive & Survive is to save lives by deploying automated external defibrillators (AEDs) to nonprofit organizations throughout Tippecanoe, Benton, Carroll, Clinton, Fountain, Montgomery, Warren, and White counties.

Revive & Survive aims to give everyone struck down by sudden cardiac arrest another chance at life by deploying life-saving AEDs to key locations where people live, work, and play. This enables the first person on the scene, even someone with minimal training, to give a potentially life-saving shock to the patient before paramedics arrive to deliver advanced emergency care.

Through its long-term commitment of \$1.3 million in grant funding for AED purchases, NCHS has funded the placement of more than 450 AEDs across the NCHS service area, improving health and safety in more than 200 nonprofit facilities so far.



Revive & Survive deploys life-saving AEDs to nonprofit organizations.

First responders ensure the homes of individuals in need are equipped for fire safety.

FIRE SAFETY OUTREACH

According to data from the Carroll County Coroner's office, Carroll County has incurred 12 fire fatalities in the last 15 years, and the Historic Five Points Fire Station Museum & Child Safety Center in Lafayette (Five Points) believes this figure may actually be higher. One of the most common factors in fire fatalities and injuries is the lack of working smoke alarms in the home. Almost daily, local fire departments find non-working smoke alarms or no smoke alarms at all on fire and medical runs.

NCHS began supporting smoke alarm fire safety outreach in 2010 through funding for a partnership between Five Points and Meals on Wheels of Tippecanoe County. Seeking to reduce injuries and deaths from residential fires, volunteers evaluated client homes in Lafayette during meal deliveries and later provided and installed new smoke alarms and fresh batteries where needed at no charge.

In 2013, NCHS approached Five Points about expanding the project throughout Tippecanoe County. The center recruited 22 partner fire departments to participate, and NCHS provided funding for the needed equipment. When fire departments respond to non-life-threatening emergency calls, they now check for smoke alarm and battery needs. In its pilot year, the expanded program brought fire safety to 300 homes.

A 2015 NCHS grant further expanded the program to serve Carroll County as well, resulting in 315 smoke alarm installations in Carroll County residences during the expanded program's first year.



Awarding Grants to Benefit Communities

Abilities Services, Inc.

Accessible Housing for Persons with Developmental Disabilities • \$193,900

Boys and Girls Club of Montgomery County

Storage Building • \$15,000

Community Foundation of Greater Lafayette

2015 Douglas W. Eberle Board Governance Educational Series • \$20,000

2016 Douglas W. Eberle Board Governance Educational Series • \$20,000

Food Finders Food Bank, Inc.

Food Warehouse and Food Resource and Education Center \$2,000,000

Historic Five Points Fire Station Educational Center, Inc.

Smoke Alarm Outreach Carroll County Expansion • \$12,929

Hope Springs Safe House, Inc.

Domestic Violence Shelter Needs Assessment-Recommended Rural Domestic Violence Shelter Transportation • \$26,500

Domestic Violence Shelter Needs Assessment-Recommended Strategic Planning • \$24,800

Indiana Rural Health Association

Annual Conference Scholarships • \$1,860

Mental Health America of Tippecanoe

Child Psychiatric Conference • \$2,095

National Alliance on Mental Illness (NAMI) West Central Indiana

Crisis Intervention Team Instructor Training • \$8,000

NICHES Land Trust, Inc.

ADA-Accessible Walking Trail • \$30,172

Remington Wolcott Community Development Corporation

Wolcott Medical Center Project • \$24,530

Riggs Community Health Center

Dental Center Expansion • \$197,168

Right Steps Child Development Centers

Moveable Capital Equipment for New Center \$10,440

Shared Enterprise Management, Inc.

Howarth Center Security Enhancements • \$24,000

Tippecanoe Arts Federation, Inc.

NCHS Capital Subgrants to Six Arts and Culture Organizations • \$250,000

Wabash River Enhancement Corporation

Wabash River Corridor Master Plan Central Reach Design • \$670,150

Wabash River Corridor Master Plan-Recommended Land Acquisition • \$573,925

Wabash River Corridor Master Plan-Recommended Land Acquisitions • \$742,700

White County Food Pantry, Inc.

Pantry Parking Expansion • \$24,900

YWCA Greater Lafayette

Domestic Violence Shelter Needs Assessment-Recommended New Shelter Furnishings • \$79,042

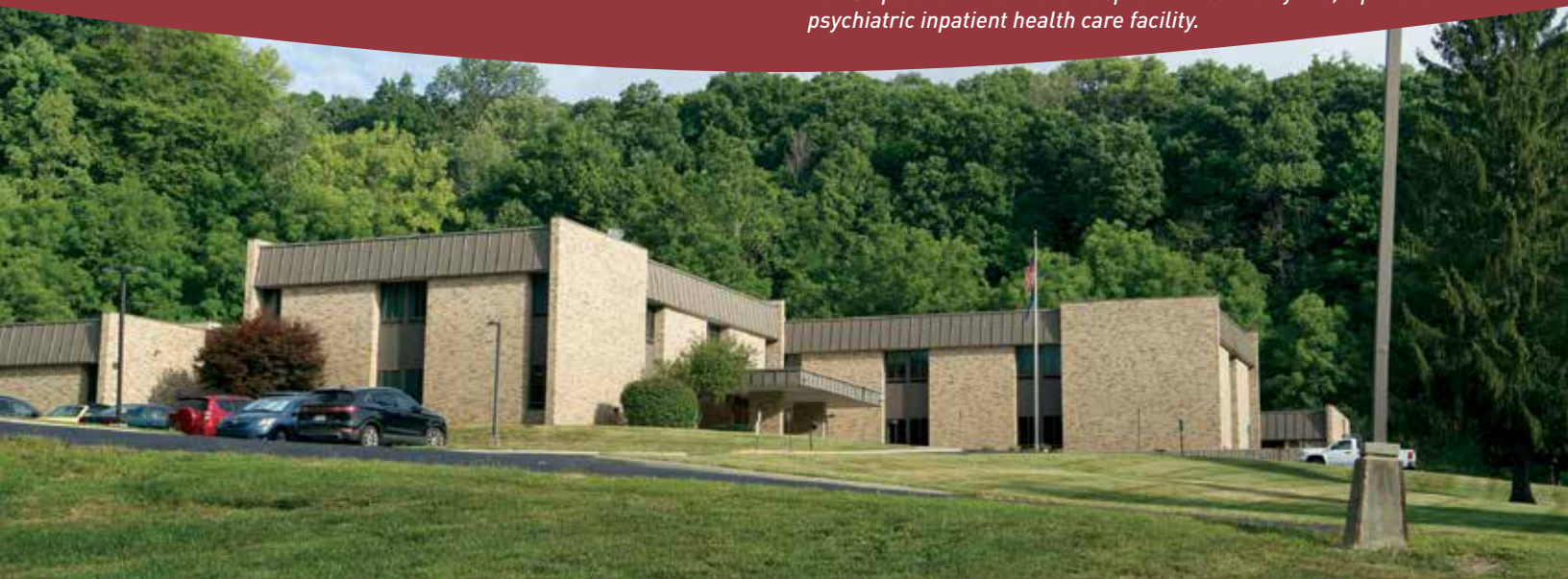
Food Finders offers educational programming on a variety of topics, including cooking with pantry foods, meal planning, and nutrition.



OUR MISSION

We are committed to continuing the traditions of NCHS in advancing and providing health care for the benefit of residents in our eight-county service area. NCHS promotes healthy communities for all area residents by supporting technological and scientific advancement, education, and quality-of-life and humanitarian services.

NCHS operates River Bend Hospital in West Lafayette, a private psychiatric inpatient health care facility.



Sharing Our Resources

OUR WORK

Governed by a volunteer board of individuals from its eight-county service area, NCHS is a 501(c)(3) organization with a long tradition of providing medical services. NCHS was created in 1984 to serve as the parent company of a family of corporations which included Lafayette Home Hospital, Home Hospital Foundation, and Service Frontiers Incorporated. Today, NCHS has a primary responsibility to operate River Bend Hospital, a private inpatient psychiatric hospital licensed and certified by the Indiana FSSA Division of Mental Health and Addiction.

NCHS also is a grantmaking organization providing primarily capital grants to 501(c)(3) organizations serving the citizens of Benton, Carroll, Clinton, Fountain, Montgomery, Tippecanoe, Warren, and White counties in Indiana. Grants are awarded to organizations for projects that relate to health and the development of healthy communities.



OUR RESPONSIBILITIES

The primary responsibilities of NCHS are to operate River Bend Hospital, a private inpatient psychiatric hospital licensed and certified by the Indiana FSSA Division of Mental Health and Addiction, and to support certain activities of qualified local agencies and organizations through financial grants.