

Acute inpatient mental health treatment is the most intensive level of psychiatric care. Treatment is provided in a 24-hour secure and protected, medically staffed environment with a multimodal approach. Daily evaluations by a psychiatrist, twenty-four-hour skilled psychiatric nursing care, medical evaluation, and structured milieu are required. The goal of the inpatient stay is to stabilize the individual who is experiencing an acute psychiatric condition with a relatively sudden onset, severe course, or a marked decompensation due to a more chronic condition.

The following criteria are intended as a guide for establishing medical necessity for the requested level of care. They are not a substitute for clinical judgment and should be applied by appropriately trained clinicians giving consideration to the unique circumstances of each patient, including co-morbidities, safety and supportiveness of the patient's environment.

### ***Admission Criteria***

- Does the patient demonstrate actual or imminent danger to self or others, or is grossly impaired as evidenced by at least ONE of the following (suicidal, homicidal, gravely disabled, etc.)?
- Has the patient been agitated, needing PRN medications, assaulting others, or been restrained?
- Is this admission voluntary or involuntary?
- If the patient is being admitted from jail, upon discharge will they return to jail or discharge to community?
- We will need the following labs for admission: CBC with diff, CMP, TSH, UA, UDS, pregnancy test, blood alcohol (need to be less than <.10)
- Current medical status and relevant medical history to include:
  - Vital signs
  - Preexisting medical conditions
  - COVID-19: Results
    - If positive – what are the current symptoms? Has the patient had recent imaging?
  - Can the patient ambulate? Use a walking device? Perform own ADLs? Incontinent? Use of catheters?
- What is the patient's alcohol and other drug use history?
  - Detox/withdrawal?
  - Prescribed methadone and suboxone?
- **Exclusions:** Use of oxygen (intermittent or continuous), on IV fluids, detox only, organic brain, MR only, < 18 years of age, and wound care (will be assessed on a case by case).