



Year 2 Preventing Youth Suicide Initiative (PYSI) Summer Reading List

We have provided 5 required summer reading resources below. It is estimated that these resources should only take a few hours to complete over the summer months. They are intended to provide context that will inform our Year 2 CoPs and suicide prevention efforts moving forward. There are also 3 optional reading resources listed below. Dive into these if you feel inspired to learn more this summer.

Required Reading:

- SAMHSA's Suicide Prevention Toolkit, Parent/Guardian Education & Outreach: drive.google.com/file/d/1zvRFOMaz0MdZDYizG6Nmns8qXp2RapiX/view?usp=share_link (a list of programs has been removed from the toolkit pages included here as the list was outdated. Please turn to the PYSI Recommended PD List to find programs that can be used with parents.)
- Cultural Competence Self-Assessment Checklist for Providing Services and Supports to Children and Families: nasponline.org/resources-and-publications/resources-and-podcasts/diversity-and-social-justice/cultural-competence/self-assessment-checklist
- Five Ways to Sustain School Change Through Pushback, Struggle, and Fatigue: kqed.org/mindshift/50675/five-ways-to-sustain-school-change-through-pushback-struggle-and-fatigue
- Supporting Students After a Death: Tips for Teachers & School Personnel: dougvy.org/assets/uploads/TDC-Supporting-Students-After-a-Death-Tips-for-Teachers-School-Personnel.pdf
- Indiana KIDS COUNT Data Book, Mental Health Section (Pages 123-128): www.iyi.org/indiana-kids-count-data-book
(click "download Indiana KIDS COUNT data book" on the webpage)

Optional Reading:

- CDC's Strategies for Involving Parents in School Health: cdc.gov/healthyyouth/protective/pdf/parent_engagement_strategies.pdf
 - How to Support Teachers' Emotional Needs Right Now: greatergood.berkeley.edu/article/item/how_to_support_teachers_emotional_needs_right_now
- Giving Hope: Conversations with Children About Illness, Death, and Loss: amazon.com/dp/0593419154/?coliid=I15KEEA9CA1JVL&colid=2LFD1A6RVGOX&psc=1&ref=lv_ov_lig_dp_it (note this book is available to purchase).

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