

NCHS Resilient Youth Initiative (RYI)
E-Learning Opportunities
Updated 4.6.2020

Programs	E-learning Opportunities	Parent Resources	Notes
Second Step – Elementary (K – 5th) Second Step – Middle (& High School (6 th – 10 th))	Resources for Remote Learning: http://go.cfchildren.org/rs/763-WVZ-393/images/%231217-COVID-19-remote-teaching-guidance-phase-1.pdf?mkt_tok=eyJpIjoiWWpabFptRmpabVkwTXpZMCIsInQiOiIixNHdpN3B6TWFcL0JQZU1Db2gxWjZGZXhkTFZiOW84MIRmbko0ZkVINURoUEgrTHAxQ09jXC81eWI2djNDMytISDFiUFFcL1Y5M2wrdXJHYUJkYkIjFajRvblgxdTQ0MndIMWRuZXExbnM2aXdOY0lxaUpFazhOeXpXWXZWVitMRHoyTCJ9	We recommend the general SEL parent support materials listed below.	
Botvin’s Life Skills – Elementary School (K – 5 th) Botvin’s Life Skills – Middle School (6 th – 8 th)	Botvin’s Life Skills created an electronic version of the Life Skills Training (LST) program at levels grantees are currently teaching students (Updated 3/30/2020, 12:30 pm ET). To access the electronic version of LST, grantees should complete the Request for Temporary Usage License for the LST teacher and student materials you need to continue your LST lessons . If grantees would like to receive occasional future LST Newsletters and updates, Instructors and Administrators are asked to sign up directly with Botvin LifeSkills Training. Paulina pkalaj@nhpamail.com is available to assist if grantees have any challenges with signing up.	We recommend the general SEL parent support materials listed below.	We recommend the general SEL materials listed below.
AI’s Pals (Pre-K)	AI’s Pals - No virtual component; however, the developer has several resources for parents and others working with kids to use.	Visit companion site: Acorndreams.com (https://acorndreams.com/) Acorn Dreams has three key sections, all very helpful and easily implementable stand-alone activities for parents and those NOT trained in AI’s Pals: <ul style="list-style-type: none"> • Social Media: Pinterest, Facebook, and Twitter. Will 	

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		<p>run a series on Facebook of tips/resources for families. Suggested they post at least weekly resource links to Twitter & Facebook, maybe even one skill tip or activity per day.</p> <ul style="list-style-type: none"> • Blog & In a Nutshell: Helpful for parents and teachers. In a nutshell, are quick tips that can be immediately incorporated into home activities or family time. The blog provides tips with background research on why. 	
Building Skills 5 – (5 th)	The developer hasn't responded. No additional information was found on the website. We will continue to reach out to the developer for updates.	We recommend the general SEL parent support materials listed below.	
Conscious Discipline - Elementary (K – 5 th)	<p>The following tools are available: A podcast, online book portal (the program book schools study in year 1), pre-recorded webinars that provide an overview of CD, Discipline Tips (Q&A format for teachers and parents on implementing CD and dealing with challenging behavior), Shubert at school (examples for teachers for how CD might be implemented in the classroom), Shubert at home (examples for parents on supporting/reinforcing CD at home).</p> <p>https://consciousdiscipline.com/free-resources/free-for-all/</p> <p>https://consciousdiscipline.com/e-learning/</p>	In addition to the resources in the e-learning opportunities column, we recommend the general SEL parent support materials listed below.	https://consciousdiscipline.com/e-learning/
Conscious Discipline – Middle School			

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Curriculum-Based Support Group – Middle & High School (8 th – 12 th)	The CBSG developer fully supports virtual implementation of CBSG if the grantee and students have the technology available to conduct groups in this format.	We recommend the general SEL parent support materials listed below.	
PATHS – Elementary (K-5 th)	https://blog.pathsprogram.com/blog/a-message-from-our-ceo	We recommend the general SEL parent support materials listed below.	PATHS Program is releasing weekly activities that teachers can do with students who are remote learning.
Positive Action – Elementary & Middle (K – 6 th)	We reached out to the developer to inquire about additional information on teaching their program in an e-learning format.	https://www.positiveaction.net/ They do offer a kit for parents, which includes a training that can be taught remotely.	
Ripple Effect	Ripple Effects’ digital suite of student interventions, planning and assessment and data management tools, and implementation support make personalizing student supports doable, affordable, effective, and efficient. The culturally relevant, easy-to-use tools can be implemented by paraprofessionals with a minimum of training, making it easier and more efficient to improve the lives of young people, without adding to the already heavy burden on teachers. Ripple Effects Whole Spectrum Intervention System includes four main parts: direct-to-learner, personalized interventions, digital planning and assessment tools, an easy to use data management system and a comprehensive system of implementation support.	https://rippleeffects.com/support-services/#supplement-resources Personal Trainer for Parents, an illustrated manual in English and Spanish. Posters to promote key social emotional abilities. These come in two forms: uncolored Teen versions, for students to color as a calming, reflective activity; already colored Teen and elementary Kids versions to display and reinforce key skills. Eagle Eye Parent Postcards to alert parents to what their children are doing <u>right</u> .	Ripple Effects is already an online platform.

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Reconnecting Youth – High School (9 th)	If trained Reconnecting Youth teachers have their RY Curriculum Materials available to them, RY is releasing during the week of 3.22.2020, their RY Student Workbook as an eBook, which should enable instructors to guide remote learning and practice for our RY students.	We recommend the general SEL parent support materials listed below.	
Youth Message Development	<p>The National Institutes of Health, funded the development of an online version of YOUTH MESSAGE DEVELOPMENT. It is titled REAL media. (See attached document). Students can complete the program independently OR a teacher using ZOOM or other video conferencing can share his or her screen with students as they all go through the program.</p> <p>If you are interested in this solution, please provide the full name of the institution and the receipt # for YMD and we can set you up with either individual student licenses (up to 70) or a teacher license free of charge.</p>	We recommend the general SEL family support materials listed below	
Additional SEL Resources			
Generic SEL Information	The best social-emotional learning strategies for students can't just exist in the school. A student may learn amazing anger-management techniques at school, but if the two worlds aren't connected, that student will fail to use them at home. Schools can encourage continuity at home by sharing emotional strategies and SEL language and activities used in school with parents . This can happen through a simple letter sent home through regular email newsletters and/or postings on a school website. The goal is to make parents and families aware of the social-emotional learning that's happening in school and openly share resources they can use at home to bolster that growth.	<ol style="list-style-type: none"> 1. 10 Things Families Can Do At Home for SEL 2. Downloadable SEL Resources for Parents 3. Emotional Intelligence Online Course for Parents Raising An Emotionally Intelligent Child 4. Parenting a Teen Who Has Intense Emotions: DBT Skills to Help Your Teen Navigate Emotional and Behavioral Challenges 5. Handbook of School-Family Partnerships to Promote Social and Emotional Learning 	

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Indiana Department of Education	Educator Resources: https://www.doe.in.gov/elearning/2020-covid-19-remote-learning#educator%20resources	Family Resources: https://www.doe.in.gov/elearning/2020-covid-19-remote-learning#family%20resources	