



2018

**COMMUNITY BENEFIT
ANNUAL REPORT**

RESPECTING
OUR PAST.
PREPARING
FOR OUR FUTURE.



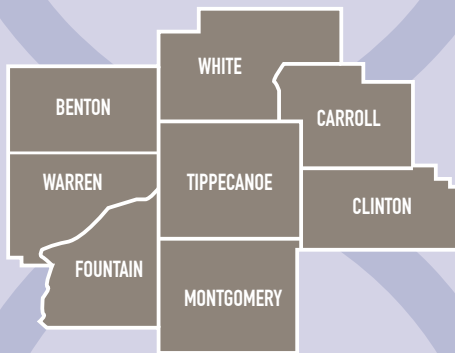
River Bend
HOSPITAL

HELPING COMMUNITIES IN EIGHT COUNTIES

NCHS is committed to advancing and providing health care for the benefit of the citizens of Benton, Carroll, Clinton, Fountain, Montgomery, Tippecanoe, Warren and White counties. NCHS operates River Bend Hospital, a nonprofit inpatient psychiatric hospital, licensed and certified by the Indiana FSSA Division of Mental Health and Addiction. NCHS provides financial support, primarily in the form of capital grants, to nonprofit organizations who share our commitment to health and the development of healthy communities. NCHS also initiates strategic partnerships to address critical community health needs.

In 2015 and 2018, NCHS and River Bend Hospital conducted community health needs assessments to identify the most critical health care and related issues affecting NCHS service area communities. The resulting reports, available at nchsi.com/assessment, help NCHS determine where its grantmaking can make the greatest impact on health and the development of healthy communities. Guided by these assessments, NCHS was privileged to partner with nonprofit organizations this year to develop the psychiatry workforce, help schools explore evidence-based substance use prevention and social-emotional learning programs, enhance services and recreational opportunities for at-risk youth, strengthen coordinated services for families and individuals in housing crises, and address other areas of significant need.

Read on to learn more about these innovative projects. Visit our website, nchsi.com, for more information on the grant application process and guidance on whether your project may be a fit for NCHS grantmaking in the year to come.





2018 COMMUNITY BENEFIT SNAPSHOT

● Financial Assistance	\$ 48,649
● Unreimbursed Costs of Medicaid	\$ 2,353,072
● Community Benefit Operations	\$ 73,618
● Health Professions Education	\$ 451,259
● Financial and In-Kind Contributions	\$ 2,807,600
● Community Building Activities	\$ 9,491,845
● Bad Debt	\$ 231,467
● Unreimbursed Costs of Medicare	\$ 633,663

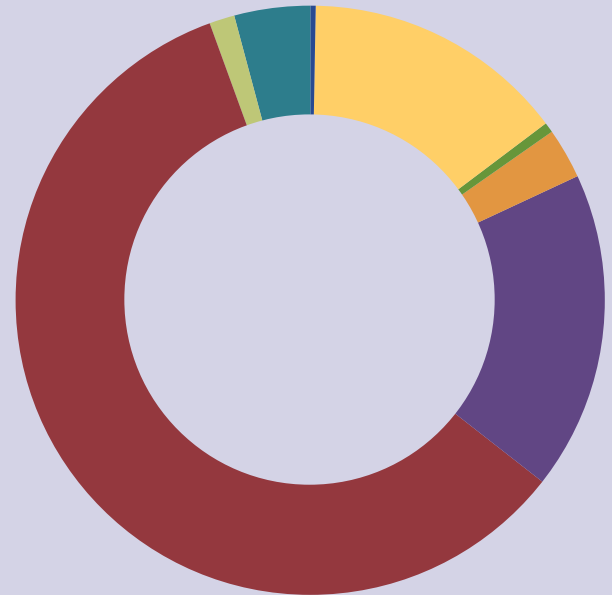
CONTINUING OUR CARING TRADITION

FINANCIAL ASSISTANCE

River Bend Hospital serves the mental and behavioral health needs of those requiring inpatient intervention and mental health care regardless of their ability to pay for services.

COMMUNITY BENEFIT SERVICES

NCHS is committed to providing health care and promoting healthy communities for the benefit of its eight-county service area. NCHS provides grants to qualified nonprofits primarily for capital projects and initiates strategic funding partnerships to address the most critical community health needs in the NCHS service area. Visit nchsi.com for guidelines and application information.



\$16,091,173



DEVELOPING HEALTHY COMMUNITIES

Community Benefit Partnerships

NCHS initiates strategic partnerships with coalitions, funders, nonprofits and other entities to address the most critical community health needs identified by the NCHS and River Bend Hospital 2015 and 2018 Community Health Needs Assessments. These NCHS-initiated community benefit partnerships fund the launch, expansion or strengthening of programs and services that improve health outcomes and develop healthy communities.

PSYCHIATRY RESIDENCY EXPANSION

Psychiatrist Shortages

Indiana ranks in the bottom 5 states overall in Mental Health America's 2018 *State of Mental Health in America* report.

A major contributor to Indiana's low ranking is the shortage of mental health care providers. The patient to mental health care provider (psychiatrist, therapist, nurse, caseworker) ratio in every county in the NCHS service area is worse than the 700:1 state average, with Benton County at 8,681:1 and Clinton County at 4,076:1. The demand for mental health services continues to increase, while the supply of practicing psychiatrists in Indiana has been in decline for many years.

A number of issues affect the supply of psychiatrists, including the location and availability of psychiatry residencies.

Program Expansion

NCHS first addressed the psychiatry workforce shortage in 2016 through grant support to establish a new psychiatry residency program at Community Health Network. In 2017, NCHS provided Purdue University grant funding to establish a new Psychiatric/Mental Health Nurse Practitioner certification program and a new MS/PMHNP degree. In 2018, NCHS awarded a multi-year grant of more than \$4.7 million to the Indiana University School of Medicine to significantly increase the number of psychiatrists it trains each year.

NCHS funding will enable the IU School of Medicine to:

- Grow its Indianapolis programs by a third.
- Increase the number of general psychiatry residents admitted to the program each year from six to eight.
- Add an additional resident each year who is trained in adult, pediatric and adolescent psychiatry.
- Create a new fellowship position to provide advanced training in a highly specialized area, such as addictions or geriatric psychiatry.



NCHS funding will increase the number of psychiatrists trained in Indiana each year.

The grant also will provide flexibility for psychiatry residents to spend more time in rural areas of the state that are disproportionately underserved, including the NCHS service area.

The overall goal of the grant project is to encourage more psychiatrists

to practice throughout the state and participate in rural rotations. Because two-thirds of residents practice in the state in which they train, increasing the number of trainees is the best way to increase the future number of physicians practicing psychiatry in the state and in the NCHS service area.

NCHS is supporting efforts to expand the psychiatry workforce.

2016

providing grant support to establish a psychiatric residency program

2017

providing grant support to establish psychiatric/mental health nurse practitioner programs

2018

providing grant support to expand psychiatric residencies and fellowships

“This grant will not only support psychiatry resident training for the next decade, but also enable a new generation of psychiatrists for the state, helping us extend quality mental health outreach to a greater number of Hoosiers than ever before,” said IU School of Medicine psychiatric residency program director Michael DeMotte, MD.

EVIDENCE-BASED SCHOOL PARTNERSHIPS IN YOUTH RESILIENCY

Resilient Youth Initiative Launch

When Indiana's overall mental health ranking fell from 19th to 45th in Mental Health America's 2016 *State of Mental Health in America* report, NCHS noticed the overall decline was concentrated in measures of youth mental health and access to care.

NCHS conducted focus groups across the region in the summer of 2018 as part of its Community Health Needs Assessment, during which school administrators expressed their own concerns about the social and emotional wellbeing of their students, as well as the need to equip students with skills and knowledge for substance use prevention.

The Resilient Youth Initiative will help schools explore evidence-based resiliency-building programs for youth.

NCHS launched the Resilient Youth Initiative that fall to assist school corporations in developing youth resiliency through the identification, implementation, and long-term sustainability of proven social-emotional learning and substance use prevention programs.

The goals of the Resilient Youth Initiative are to:

- Alleviate barriers schools face in identifying evidence-based social-emotional learning and substance use prevention programs.
- Provide the support schools need to effectively implement these programs.
- Help students develop prosocial-emotional behaviors, drug resistance, and mental wellbeing.
- Improve youth mental health measures and reduce youth substance use.

Resilient Youth Initiative Planning Grants

The first phase of the initiative was a request for planning grant proposals. Planning grants will provide K-12 schools and corporations grant funding and complimentary technical assistance to assess the needs of their students, evaluate the potential of evidence-based programs to meet their needs, plan for the implementation of their chosen programs, and, if they choose, apply for three-year implementation grants from NCHS.

The grants have the potential to impact over 43,000 students across seven counties. In addition to planning grant funding, NCHS is investing in additional support to set grantees on the path to success, including custom training and partnership with an independent evaluator.

"We recognize this initiative is just one piece of the puzzle when it comes to developing youth resiliency," said Stephanie Long, NCHS CEO and president. "But when implemented well, evidenced-based social-emotional learning and substance use prevention programs can substantially improve students' self-management and social skills and lower substance use. We appreciate the schools' willingness to partner with us to explore the potential of these programs to improve youth health and wellbeing."



Nineteen school corporations in seven counties applied for funding, and all 19 requests were funded:

- Attica Consolidated School Corporation
- Benton Community School Corporation
- Clinton Central School Corporation
- Clinton Prairie School Corporation
- Community Schools of Frankfort
- Covington Community School Corporation
- Crawfordsville Community Schools
- Delphi Community School Corporation
- Faith Christian School
- Frankfort Crossing School of Business & Entrepreneurship
- Frontier School Corporation
- Lafayette Catholic School System
- Lafayette School Corporation
- North Montgomery Community School Corporation
- South Montgomery Community School Corporation
- Southeast Fountain School Corporation
- Tippecanoe School Corporation
- Tri-County School Corporation
- Twin Lakes School Corporation



The Prescription Drug Safety Network empowers students to make safe and healthy decisions about prescription medications.

PRESCRIPTION DRUG SAFETY FOR TEENS

Seventeen percent of Indiana high school students in 2015 reported they have abused a prescription drug, including prescription opioids. In 2018, NCHS committed to empowering high school students with the knowledge to make safe and healthy decisions about prescription medications when it joined the Prescription Drug Safety Network.

NCHS funding makes the network's Prescription Drug Safety Course available now to all high schools across Benton, Carroll, Clinton, Fountain,

Montgomery, Tippecanoe, Warren, and White counties, at no cost to the schools.

The self-paced course uses video, animations, and simulations to deliver a personalized, self-guided learning experience. Through real-life simulations and scenario-based exercises, students learn how to make informed decisions about their personal use of medication, as well as identify risks and assist those who may be misusing or abusing prescription drugs.

Interested schools can contact NCHS for free access to the Prescription Drug Safety Course.

BUILDING HEALTHY COMMUNITIES

Community Benefit Capital Grants

The NCHS community benefit capital grants program responds to unsolicited requests from qualified nonprofit organizations seeking support for capital projects related to health and the development of healthy communities.

The LTHC Homeless Services Engagement Center includes space for collaboration with 13 other agencies who serve the homeless.

HEALTH & HOUSING STABILITY

Engagement Center

In 2018, NCHS awarded \$1,687,500 toward a new coordinated entry, multi-agency facility for supportive housing, case management and health care for the homeless.

The Engagement Center will serve as the county's first stop for anyone experiencing homelessness to connect with housing opportunities, services and health care. The project includes: LTHC and other agency services for the homeless; behavioral and primary health care; supportive housing; and new and expanded facilities for clients, including mailboxes, lockers, bike racks, private outdoor space, showers, laundry and a hair-cutting station.

The Engagement Center will also provide 24/7 accessibility to emergency housing, interim housing for individuals awaiting their permanent housing solutions, and medical respite for homeless individuals recovering from medical procedures.

Health Care & Medical Respite

When homeless individuals' health issues require serious medical intervention, they often do not have an appropriate place for bed rest or recovery, nor assistance with basic services like wound care. Because they are unable to heal properly, the lack of appropriate respite in some cases leads to complications, further damage to their health and repeated visits to emergency rooms.

LTHC wants to end the cycle by providing short-term respite rooms that allow homeless individuals the opportunity to recover in a safe environment while accessing medical care and other supportive services. Medical respite programs for the homeless have been proven to improve recovery outcomes and reduce emergency room utilization.

"We know there is a direct link between health and homelessness," said LTHC executive director Jennifer Layton. "When we provide access to health services, both physical and behavioral, we see people improve their lives and become stably housed."





The Youth Service Bureau's new community room seats up to 100 for community meetings and educational events.

HEALTHY SPACES FOR YOUTH

Montgomery County Youth Service Bureau

The Montgomery County Youth Service Bureau's new home at the former Caleb Mills School in Crawfordsville is nearly 11,000 square feet and allows everything the organization does to be centrally located for the first time, supported by an \$800,010 grant from NCHS. The NCHS grant assisted the bureau in purchasing and renovating the building to serve as the new home for their operations and programs.

In addition to new youth programming spaces, the facility will include a supervised visitation room, available for reservation by the Indiana Department of Child Services (DCS) and other local agencies for family visits.

"Children who are in the custody of DCS have visitations with family,



The Lyn Treece Boys & Girls Club will expand its greenspace with the purchase of two adjacent properties.

but there is a real lack of suitable spaces in the community to spend time together," said bureau executive director Karen Branch. "Our new family visitation room will be a family friendly space to make their visits more comfortable."

A community room with a full kitchen and a board room will also be available to local nonprofits to reserve at no cost.

"We now have everything under one roof, which is wonderful," said Branch. "The new space is so much more usable for the kids and for the community."

Boys & Girls Clubs in Three Counties

Three Boys & Girls Clubs in the NCHS service area received capital grants in 2018 to bolster recreational opportunities. The Lyn Treece Boys & Girls Club in Lafayette received grants of \$16,410 and \$54,047 for the purchase of adjacent properties to expand greenspace surrounding their 10th Street Club. The Boys & Girls Club of Montgomery County in Crawfordsville received \$50,000 toward the construction of a shelter house for outdoor activities. The Boys & Girls Club of White County in Monticello received \$67,502 to purchase an accessible 12-passenger van to transport children from the club to community events and service-learning projects.

AWARDING FUNDS TO BENEFIT COMMUNITIES

NCHS COMMUNITY BENEFIT CAPITAL GRANTS

Bauer Family Resources

Property Acquisition and Demolition | \$71,802

Boys & Girls Club of Montgomery County

Outdoor Shelter House | \$50,000

Boys & Girls Club of White County

12-Passenger Accessible Van | \$67,502

Carroll County Senior & Family Services

Congregate Meal Site Equipment | \$5,294

Food Finders Food Bank

Demolition and Parking Lot Construction | \$112,000

Junior Achievement of Greater Lafayette

JA BizTown & Finance Park Equipment | \$24,000

LTHC Homeless Services

Homeless Services Engagement Center Construction
\$1,687,500

Lyn Treece Boys & Girls Club

Property Acquisitions and Demolitions | \$70,457

Montgomery County Youth Service Bureau

Facility Purchase and Renovation | \$800,010

Pam's Promise Transitional Housing Corporation

Purchase of Transitional Housing Facility for Families | \$49,000

Riggs Community Health Center, Inc.

Behavioral Health Care Facility Renovation | \$24,999

Tippecanoe Arts Federation

2018 NCHS Capital Subgrants to Eleven Arts and Culture Organizations | \$305,000

2019 NCHS Capital Subgrants Opportunity for Arts and Culture Organizations | \$305,000

Wabash River Enhancement Corporation

Wabash River Corridor Master Plan-Recommended Land Acquisition | \$296,335

The Wells Community Cultural Center expansion includes a new performance space, dance studio, recording studio, and art studio.



NCHS-INITIATED COMMUNITY BENEFIT PARTNERSHIPS

Community Foundation of Greater Lafayette

2018 Douglas W. Eberle Board Governance Educational Series | \$20,000

2018 Nonprofit Executive Development Initiative | \$15,000

2018 Nonprofit Executive Development in Mental Health Initiative | \$7,304

Community Health Network Foundation

Psychiatry Residency Program | \$363,534

Greater Lafayette Parish Nurse Development Center, Inc.

Volunteer Parish Nursing Course Scholarships | \$3,250

Historic Five Points Fire Station Educational Center, Inc.

Legacy Support for Smoke Alarm Outreach | \$33,740

Indiana Rural Health Association

Annual Conference Scholarships | \$5,000

Indiana University School of Medicine

Psychiatry Residency Expansion | \$421,134

LTHC Homeless Services

Medical Respite Training | \$2,700

Mental Health America Wabash Valley Region

Mental Health Summit | \$2,500

Suicide Prevention Program Expansion | \$9,328

Prescription Drug Safety Network

Prescription for Life Drug Safety Courses | \$40,000

Purdue University School of Nursing

Psychiatric/Mental Health Nurse Practitioner Program | \$230,810

Resilient Youth Initiative

Evidenced-Based Social-Emotional Learning & Substance Use Prevention | \$2,000,000

Planning Grant Recipients

Attica Consolidated School Corporation

Benton Community School Corporation

Clinton Central School Corporation

Clinton Prairie School Corporation

Community Schools of Frankfort

Covington Community School Corporation

Crawfordsville Community Schools

Delphi Community School Corporation

Faith Christian School

Frankfort Crossing School of Business & Entrepreneurship

Frontier School Corporation

Lafayette Catholic School System

Lafayette School Corporation

North Montgomery Community School Corporation

South Montgomery Community School Corporation

Southeast Fountain School Corporation

Tippecanoe School Corporation

Tri-County School Corporation

Twin Lakes School Corporation

Wabash River Enhancement Corporation

Wabash River Corridor Master

Plan-Recommended Studies | \$171,375



*Benefiting residents of
Indiana's Benton, Carroll,
Clinton, Fountain,
Montgomery, Tippecanoe,
Warren and White counties*

Governed by a volunteer board of individuals from our eight-county service area, NCHS is a 501(c)(3) organization with a long tradition of providing medical services.



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