

NCHS Resilient Youth Initiative

Approved Conferences, Workshops, Trainings, and
Professional Development for Implementation Grant Funding

Prepared with assistance from Education Development Center September 4, 2019

NCHS is proud to be a part of your work to become experts in your chosen evidenced-based programs and to develop the knowledge and skills of your staff for program implementation.

If you have requested funding for staff training and professional development, the following conferences, workshops, trainings, and professional development opportunities have been approved for NCHS grant funding use so far.

No other certifications, courses, or conferences will be approved except through periodic updates to this document as new opportunities are announced and vetted by EDC and NCHS for fit with the goals of the Resilient Youth Initiative.

The most recent document will be available at nchsi.com/resilient and e-mailed to your grant's Primary Contact.

NCHS asks that you prioritize regional opportunities that can serve larger numbers of your staff over conferences that require substantial travel costs and can only serve smaller staff groups.

Please contact NCHS with any questions at (765) 423-1604.

Conferences

[Exploring the Mind-Body Connection: SEL in Health and Physical Education](#)

Website: <https://www.shapeamerica.org/events/SEL/>

Location: Sioux Falls, SD

Dates: July 31 – August 1, 2019

Cost: \$325

Description: Join SHAPE America this summer as we explore social and emotional learning competencies and identify ways to teach and assess SEL skills in the health, physical education and physical activity settings. The Every Student Succeeds Act (ESSA) opened new opportunities for schools to emphasize these important skills, including a student’s ability to make good decisions, recognize and respond to their own emotions, form effective peer relationships, and persevere through difficulty. Topic areas will include skills-based health education as well as alignment to SHAPE America’s National Standards & Grade-Level Outcomes for K-12 Physical Education.

Host Organization: Society of Health and Physical Educators

[Elevate Social Emotional Learning Conference: Start Strong with Conscious Discipline the First Six Week](#)

Website: <https://consciousdiscipline.com/professional-development/event/elevate-social-emotional-learning-conference/>

Location: Orlando, FL

Dates: August 4 – 6, 2019

Cost: \$399

Description: Join Conscious Discipline founder Dr. Becky Bailey, along with Master and Certified Instructors, for a two-day “tune up” for the critical first six weeks back to school. **Elevate Social Emotional Learning: Start Strong with Conscious Discipline the First Six Weeks** will equip you with best practices in social and emotional learning that will help you and your students thrive.

Discover proven strategies to increase teacher effectiveness and academic performance while reducing discipline referrals. Learn the keys to cultivating a healthy, connected home and school culture with specific practices and structures that create transformational, sustainable change in homes, classrooms, schools and communities. You will leave this conference with your complete SEL plan for the first six weeks, setting your entire school year up for success!

[Institute for Social and Emotional Learning: Summer Institute, Hosted By the Nueva School](#)

Website: <https://www.instituteforsel.net/events/si-nueva-2019>

Location: San Mateo, CA

Dates: August 5 – 8, 2019

Cost: \$2,090

Description: IFSEL's Institutes bring together K-12 teachers, administrators, and counselors from around the world for four days of sessions, collaboration, and reflection that range across a broad library of SEL topics and research. Since 2009, educators from both public and independent schools in the US and abroad have looked to our Institutes SEL guidance and leadership.

[2019 School Climate Institute](#)

Website: <https://www.eventbrite.com/e/2019-school-climate-institute-tickets-62201019925>

Location: New York, NY

Dates: August 8 – 9, 2019

Cost: \$425 – \$500

Description: The National School Climate Institute has a long tradition of convening educators who are equally committed to the school climate improvement process. Our belief is that change is a community effort, so we bring people together to learn from each other and support each other's implementation efforts. During the 2019 Institute, our team of coaches, educators, and whole-child education experts will guide you and your team on how to advance your school climate improvement efforts by exploring best practices and common challenges detailed in our 2018 report, *Creating Communities of Courage: Lessons from the Field*. This report details the findings of a yearlong study of six districts across the country as they sought to improve their learning environments and focus resources and attention on cultivating the social and emotional development of their students. We believe these lessons provide a great foundation for a total learning experience that will inspire you, further your knowledge of effective practices for positive school climate and - most importantly - give you the practical tools you need to create a climate at your school where every student feels seen, safe, included and engaged.

Host Organization: National School Climate Center

[2019 Applied Educational Neuroscience Fall Conference](#)

Website: <https://www.butler.edu/coe/educational-neuroscience-symposium>

Location: Shelton Auditorium, South Campus, Butler University, Indianapolis, IN

Dates: September 21, 2019

Cost: \$150

Description: At the Applied Educational Neuroscience Fall Conference, attendees will leave with a greater understanding of how attachment and regulation with students carrying in pain-based behaviors inform our practices as educators and parents; will come away with specific brain-aligned strategies to regulate the nervous system of students while strengthening connections with students; will leave with a deeper exploration of our physiology and how the Polyvagal Theory affects attachment and connections through nonverbal communication and our prosody.

Host Organization: Butler University

[Social and Emotional Learning Exchange 2019](#)

Website: <https://www.collaborativeclassroom.org/casel-sel-exchange-2019-conference-chicago-il/>

Location: Chicago, Illinois

Dates: October 2 – 4, 2019 (Conference registration closed. Waitlist only.)

Description: The Collaborative for Academic, Social, and Emotional Learning (CASEL) will host the inaugural Social and Emotional Learning Exchange on October 2, 3, and 4, 2019 at the Marriott Marquis in Chicago, IL. The theme of the inaugural conference is *Defining Quality in the Context of Innovation*. The Social and Emotional Learning Exchange is a unique and timely opportunity to gather individuals committed to the comprehensive development and success of all students. Participants will learn with and from those at the frontiers of social and emotional learning research, policy, and practice and discover new ways of collaborating with one another to amplify their impact.

Building Trauma-Sensitive Classrooms and Schools

Website: <https://consciousdiscipline.com/product/building-trauma-sensitive-classrooms-and-schools-orlando-fl/>

Location: Orlando, FL

Dates: October 4 and 5, 2019

Cost: \$500

Description: At this event, you will learn specific, evidence-based strategies to reach the children of trauma and build an inclusive educational environment that promotes growth and healing for all children.

Trauma-Informed Schools

Website: <https://strobeleducation.com/workshops/trauma/>

Locations & Dates:

Nashville, TN November 5, 2019

Columbus, OH November 7, 2019

Cost: \$189-209

Description: Students entering the classroom with emotional, behavioral, or mental health issues are often at a disadvantage and struggle to keep up with the demands of traditional learning. Brains affected by trauma require a different kind of instruction—and a special kind of care. The goal of teaching children with trauma becomes unlocking the potential that exists within every student and developing an instructional approach that recognizes and works past the stresses, traumas, and self-imposed mentalities and behaviors that can limit learning and achievement. Teachers will leave this workshop with strategies to build resiliency and grit in even the most challenging students, ideas for encouraging positive behavior and creating effective classroom management, and a plan of action that can be immediately put in place to start increasing student motivation. You'll also receive an exclusive digital resource bundle that can be used for easy classroom implementation. Additionally, the workshop will focus on self-care habits, helping teachers to avoid adopting students' traumas as their own and ensuring that personal triggers are understood and dealt with before they lead to classroom disruptions.

Host Organization: Strobel Education

[2019 Annual Conference on Advancing School Mental Health: Safe and Supportive Schools for All Students](#)

Website: <http://csmh.umaryland.edu/Conferences/Annual-Conference-on-Advancing-School-Mental-Health/>

Location: Austin, TX

Dates: November 7-9, 2019

Cost: \$530

Description: The 2019 Advancing School Mental Health conference brings together local, state, national, and international experts to advance knowledge and skills related to school mental health practice, research, training and policy. Conference attendees include educators, administrators, student instructional support personnel, health and mental health practitioners, family members, youth, policymakers, researchers, advocates, child-serving agency and organization staff. Specialty tracks include Implementation Drivers.

Host Organization: National Center for School Mental Health (NCSMH)

[Educating Anxious Minds](#)

Website: <https://www.learningandthebrain.com/conference-405/educating-anxious-minds/>

Location: San Francisco, CA

Dates: February 14 – 16, 2020

Cost: \$499-619

Description: This conference will explore the effects of anxiety, toxic stress, adversity, community violence, mental illness, depression, and trauma on brain development, learning, and achievement. Discover ways to reduce anxiety and toxic stress in students and teachers, ways to make students and teachers more resilient, how to use strategies and mindfulness to reduce stress and the effects of trauma, and how to establish trauma-sensitive classrooms and interventions.

Host Organization: Learning & the Brain

[2020 Creating Trauma Sensitive Schools](#)

Website: <https://creatingtraumasensitiveschools.org/conference/>

Location: Atlanta, Georgia

Dates: February 16 – 19, 2020

Cost: \$399

Description: Join over 1,500 educators from across the country and around the world to learn more about the trauma-informed education movement and how to Create Trauma-Sensitive Schools! The Attachment & Trauma Network, Inc. (ATN) hosts this yearly conference to give all educators – teachers, administrators, and school personnel – as well as other child-serving professionals, community leaders, and parents an opportunity to explore the importance of trauma-informed care for in schools and other child-serving environments. Through the ACEs studies and neurological research, we now know how significantly early trauma impacts a child's

ability to learn and develop and the importance of addressing the complexities of childhood trauma in schools.

[Southeastern School Behavioral Health Conference](#)

Website: <https://schoolbehavioralhealth.org/2020-conference/>

Location: Myrtle Beach, SC

Dates: April 30 – May 1, 2020

Cost: \$195 – \$245

Description: The 2020 Southeastern School Behavioral Health Conference is the premier conference in the southeast focused on all aspects of school behavioral health, from treating the individual student to supporting the school district.

Host Organization: Southeastern School Behavioral Health Community

[Fostering Self-Actualized Minds in School: Improving School Climate, Social Connections, Self-Esteem, and Self-Compassion to Increase Achievement and Wellbeing](#)

Website: <https://www.learningandthebrain.com/Event-406/Fostering-Self-Actualized-Minds-in-School/>

Location: New York, NY

Dates: May 1 – 3, 2020

Cost: \$449 – \$619

Description: Many educators are familiar with Psychologist Abraham Maslow’s “Hierarchy of Needs” and his theory that certain needs must be met before people are motivated to move up to become self-actualized – or the best you can become. Unfortunately, many students’ basic needs are not being met so that can move up Maslow’s scale from safety, to love, belonging and social acceptance, to self-esteem, confidence and compassion, to cognitive needs such as curiosity, purpose, and meaning. However, brain and psychological research is finding that meeting these needs is essential for improving academic achievement, school climate, wellbeing, and self-actualization. This conference will explore the science of love, belonging, and social connections, self-esteem and self-compassion, mindfulness, and meaning; how they are connected to academic achievement and wellbeing; and ways you can help your students, and yourselves, feel secure, accepted, connected, confident, and successful.

Host Organization: Public Information Resources, Inc.

[Center for the Promotion of SEL 2020 SEL National Conference](#)

Website: <https://selconference.center-school.org/>

Location: Baltimore, MD

Date: May 18th – 20th

Cost: Individual \$625, Group of 5 or more \$565 per person

- One day, May 18th: \$125
- One day, May 19th: \$325
- One day, May 20th: \$325

Description: Three days of high-quality sessions presented by some of the top SEL thought-leaders in the nation, keynote presentations, an immersive skill-building session, workshops, and of course networking with colleagues.

Curriculums & Programs

Al's Pals

Website: <http://wingspanworks.com/>

Phone: 804-967-9002

Trainings:

Online Training: \$325 per Person

- 4 sessions, approximately 3 hours, scheduled over a period of several weeks
- Apply the concepts of resilience and protective factors to early childhood settings
- Effectively deliver the Al's Pals lessons and use the materials
- Integrate Al's Pals prosocial concepts into their daily teaching and ongoing interactions with the children
- Strengthen protective factors at school by validating children's feelings and experiences, actively communicating clear norms, responding to sensitive issues, and guiding problem-solving

Face to Face Training:

- Conducted over two days
- Apply the concepts of resilience and protective factors to early childhood settings
- Effectively deliver the Al's Pals lessons and use the materials
- Integrate Al's Pals prosocial concepts into their daily teaching and ongoing interactions with the children
- Strengthen protective factors at school by validating children's feelings and experiences, actively communicating clear norms, responding to sensitive issues, and guiding problem-solving

Upcoming Trainings:

- Online Training
 - Summer 2: July 11th, 16th, 18th, and 23rd
 - Registration is currently [Open](#)

Curriculum/Program Costs:

Al's Pals Curriculum Kit (Preschool, Kindergarten, and First Grade)

- Full curriculum: \$840
- Two manuals of lessons and activities
- One puppet house, three original puppets, puppet scripts, and parent letters
- Message pads
- Original songs on CD, songbook, certificates
- Selected children's books

Botvin Life Skills

Website: <https://www.lifeskillstraining.com/>

Contact: Trudy

Phone: 800-293-4969

Trainings:

Online Training Workshop: \$250 (training materials cost is additional)

- Consist of three 90 minute sessions
- 2 live with a trainer
- 1 self-paced in between the live sessions

***If you have 5+ people you wish to train together, please contact to arrange a date and time**

Training of Trainers (ToT) Workshop: \$1,070

- Two-day advanced training teaches you how to conduct LST workshops and train those in your organization to teach the LST program
- Eligibility limited to those who complete an LST workshop and implemented the program for at least 1 year

On-Site Workshops

- Can send a trainer directly to your site
- Call 800-293-4969, ext. 213 or send an email to training@nhpamail.com

Upcoming Trainings:

Provider Trainings:

- TOT Workshop: White Plains, NY, 8/22 – 8/23
 - Registration is currently open

Online Training Workshops:

Date	Level	Availability
7/10 and 7/11	Middle School	Open
7/15 and 7/16	Elementary School	
7/17 and 7/18	Transitions	
7/24 and 7/25	Parent Program	

Curriculum/Program Costs:

Elementary School Program Products (3rd – 6th Grade)

- Full Curriculum: \$655
 - 1 Teacher's Manual per Level
 - 30 Student Guides per level

- More Info: <https://lifeskillstraining.com/botvin-lifeskills-training-elementary-school-program/>

Middle School Products (Grades 6th – 9th)

- Full Curriculum Set: \$645
 - Levels 1 – 3
 - Teacher Manual per level
 - 30 Student Guides per Level
 - 1 Stress Management Techniques CD
 - 1 Smoking & Biofeedback DVD
- More Info: <https://lifeskillstraining.com/botvin-lifeskills-training-middle-school-program/>

High School Products (Grades 9th or 10th)

- Full Curriculum Set: \$265
 - Teacher Manual per level
 - 30 Student Guides per level
- More Info: <https://lifeskillstraining.com/botvin-lifeskills-training-high-school-program/>

Building Skills Grade 5

Website: <http://www.wnyunited.org/building-skills-grade-5.html>

Contact: Tim Smykowski

Phone: (716) 821-7722 ext. 311

Email: tsmykows@wnyunited.org

Trainings:

Training information not available at time of report. EDC will follow-up with training coordinator, Tim Smykowski.

Curriculum/Program Costs:

- 1 Teacher manual and 30 student guides: \$100
- 1 pack of student guides/pack: \$30/pack

Conscious Discipline

Website: <https://consciousdiscipline.com/professional-development/training/>

Contact: Sarah

Phone: 800-842-2846

Trainings:

Customized On-Site Training

- 1 or 2 day training or a weeklong Conscious Discipline Institute (CD1)
- Training provided by Master Certified Instructor

Host an On-Site Institute

- Premium event; create a School Family classroom environment with all of the structures of Conscious Discipline, utilizes the classroom to teach the powers and skills

Customized Keynotes or Workshops

- Tailored to match your needs and goals
- Customizable keynotes or half-day workshops
- Understanding and application of Conscious Discipline
- Upcoming workshops: <https://consciousdiscipline.com/store-category/workshops/>

Facilitated E-Course

- Certified Conscious Discipline Instructor to guide through the 10 session video-based course with Dr. Becky Bailey

Pricing

- Have to request a quote: <https://consciousdiscipline.com/professional-development/training/#pricingpackages>

Curriculum/Program Costs:

- Conscious Discipline E-Course, Site License for 1 year: \$779 – \$1,179 (Groups)
- Conscious Discipline E-Course, Individual License: \$379 (1 person)
- Premium Digital Toolkit for 1 year: \$79
- Shop by Category: <https://consciousdiscipline.com/storefront/>

Curriculum Based Support Group

Website: <http://trans4mcenter.org/>

Phone: 214-459-1700

Trainings:

CBSG Program Facilitator Training: \$3,500

- 1-day training for 15 participants (\$150 for additional participants)
 - Theoretical foundations of CBSG program
 - Risk and Protective factors addressed by the CBSG® Program;
 - How to implement the CBSG® Program in your setting and with fidelity;
 - Adverse childhood experiences and their impact on children and youth;
 - The role of the CBSG® Program facilitator and effective facilitation skills;

- Opportunities to practice facilitation skills using the CBSG® Program Facilitator Manual.

*Training is required in order to receive the CBSG Program Facilitator Manual

Upcoming Trainings:

CBSG Program Facilitator Training: \$250

- Dallas, TX
- August 1st – Registration is currently [open](#)
- *Ongoing support and technical assistance following the training

Curriculum/Program Costs:

- **Facilitator Manuals (Cost is part of facilitator training)**
 - Kids’ Connection (ages 4 – 12, school or community setting)
 - Youth Connection (ages 10 – 17, school or community setting)
 - Kids’ Connection, Too (ages 4 – 15, homeless & transitional living settings)
 - Faith Connection (ages 4 – 15, Christian faith-based setting)

PATHS

Website: <http://www.pathstraining.com/main/curriculum/>

Contact: Carol A. Kusché, Ph.D., ckusche@comcast.net

Phone: 206-323-6688

Trainings:

In-Person Workshops: \$5,000

- Two full days (can be consecutive days or conducted as introductory day then followed by second day 4 – 8 weeks after implementation has started)
- 30 participants
- Plus reimbursement of trainer expenses

*Trainings are set upon request, contact Carol Kusché

Curriculum/Program Costs:

PreK/K Classroom Module: \$879

- Curriculum Manuals Vol. 1 & 2, Units 1 – 4, Units 5 – 9
- Instructors Manual
- Turtle, Dog, Duck, Hedgehog Puppets
- Stickers
- Storybooks (5 books)
- Coloring Book
- Feelings Display Chart
- Feelings Face Card Set

- Friends Poster

Grade 1 Classroom Module: \$669

- Vol 1 & 2 Curriculum Manual Binder Kits
- Introduction to the Curriculum (Grades 1 -3)
- Turtle puppet and stickers
- Control Signals Poster
- 3 Steps for Calming Down Poster
- Feelings Face Chart
- Feelings Face Cards for Grades 1 &2

Grade 2 Classroom Module: \$ 489

- Curriculum Binder Kit
- Introduction to the Curriculum
- Stickers
- Cling- Control Signals
- Kid for Today Poster
- Feelings Face Chart
- Feelings Face Cards for Grades 1 &2

Grade 3 Classroom Module: \$439

- Curriculum Binder Kit
- Introduction to the Curriculum
- Stickers
- Cling – Comfortable & Uncomfortable Feelings
- Kid for Today Poster
- Control Signals Poster
- Feelings Face Poster with Feelings Faces Printed on it

Grade 4 Classroom Module: \$489

- Curriculum Binder Kit
- Introduction to the Curriculum
- Problem Solving Cling
- Kid for Today Poster
- Control Signals Poster
- Problem Solving Poster
- Feelings Face Poster with Feelings Faces Printed on it
- “The Hundred Dresses” Novel
- “Shiloh” Novel
- “In the Year of the Boar & Jackie Robinson” Novel

Counselor’s Package (Pre-K – 5/6 Grades): \$3,509

- Components of kits listed above
- School Engagement Manual
- Lesson Index for Curriculum Manuals
- Lesson Tracking Sheet

Positive Action

Website: <https://www.positiveaction.net/services/training>

Contact: info@positiveaction.net

Phone: (208) 733-1328

Trainings:

Online Webinar: \$550

- Two hours
- \$300 for each additional topic (High School Climate Development, Family Classes and Community)
- Plus purchase of kits
- Up to 20 participants

In-Person Orientation: \$3,000 (plus trainer travel expenses)

- Plus purchase of kits
- Up to 50 participants

In-Person Trainer of Trainers: \$3,000 (plus trainer travel expenses)

- Plus purchase of kits
- Up to 25 participants

Curriculum/Program Costs:

Middle School Kits (6th – 8th Grade)

- **6th Grade: \$400**
 - Grade 6 Instructor's Manual with an introduction, purpose statements, materials list, activity sheet thumbnails and 139 10–15-minute scripted lessons.
 - Perpetual license for the upcoming Positive Action for Instructors mobile app for Grade 6.
 - 50 "seat" licenses for the upcoming Positive Action for Students mobile app for Grade 6.
 - 30 Activity booklets
 - 15 Full color posters
 - Game board & game cards
 - 30 Journals and more!
- **7th Grade: \$450**

- Grade 7 Instructor's Manual with an introduction, purpose statements, materials list and 82 15–20-minute scripted lessons.
- Perpetual license for the upcoming Positive Action for Instructors mobile app for Grade 7.
- 50 "seat" licenses for the upcoming Positive Action for Students mobile app for Grade 7.
- 30 Activity booklets
- 3 Instructor's activity sheets
- 16 Radio script booklets
- 30 Journals
- 3 Visual aids
- 14 Full color posters
- Game board & game cards
- 30 Certificates of Completion
- **8th Grade: \$450**
 - Grade 8 Instructor's Manual with an introduction, purpose statements, materials list, activity sheet thumbnails and 83 15–20-minute scripted lessons.
 - Perpetual license for the upcoming Positive Action for Instructors mobile app for Grade 8.
 - 50 "seat" licenses for the upcoming Positive Action for Students mobile app for Grade 8.
 - 30 Activity booklets
 - 4 Instructor's activity sheets
 - 16 Radio script booklets
 - 15 Full color posters
 - 30 Journals
 - 30 Certificates of Completion

High School (9th – 12th Grade)

- Kits 1 – 4
- Kit 1: \$500
- Kit 2: \$525
- Kit 3: \$500
- Kit 4: \$550
 - Interchangeable
 - 132 scripted,
 - 15- to 20-minute minute lessons
 - Activity sheets,
 - Games, manipulatives, posters
 - 30 student texts and journals

[Reconnecting Youth](https://www.reconnectingyouth.com/index.cfm)

Website: <https://www.reconnectingyouth.com/index.cfm>

Email: info@reconnectingyouth.com

Phone: 425-861-1177

Trainings:

Teacher/Facilitator Training: \$1100 per Person

- 4 days
- Program theory
- Prevention model
- Overview of curriculum

Online Administrator Training: \$49

- Overview the prevention program
- Infrastructure and community partnerships

Coordinator Training: \$1900

- Includes the teacher/facilitator training
 - With coordinator training activities running concurrently
- Additional one-day training
- Coordinators will be trained to:
 - Supervise and support teachers/facilitators
 - Assist with program evaluation
 - Promote the program to funders and other stakeholders
 - More info:

http://www.oasyssports.com/uploads/clubs/ReconnectingYouth/Training_Brochure.pdf

Curriculum/Program Costs:

Curriculum Set (Single kit): \$319

- Student Workbook (single set): \$31.50
- Classroom Posters (set of 8): \$102.50
- Program Posters (set of 3): \$39.99
- Leader Behavior Posters (set of 2) \$49.99

Program Evaluation Materials

- High School Questionnaire (set of 36): \$228.71
- Student Outcomes Inventory (set of 36) \$70.31
- Personal and Social Skills Inventory (set of 36): \$43.98
- More info: <https://www.reconnectingyouth.com/content/order/ry-materials>

Second Step

Website: <https://www.secondstep.org/>

Email: ybraddock@cfchildren.org

Phone: 206-438-6519

Trainings:

Online Training

- Self-paced online training and other implementation support materials available on [secondstep.org](https://www.secondstep.org) for all registered users of the curriculum.
 - Committee for Children recommends a classroom kit for each teacher of the Preschool or Elementary program and access to the online curriculum for each teacher of the Middle School program. All programs include self-paced online training modules.
- Free Live Webinars: Includes overview webinars on each of the levels of Second Step and other topics related to Second Step implementation
 - <https://www.secondstep.org/webinars>
- On-Demand Webinars: Recordings of webinars on a range of topics related to Second Step
 - <https://www.secondstep.org/webinars/on-demand-webinars>
- One-hour introductory webinar for schools planning to implement Second Step (no cost). The webinar will cover:
 - Introduction/History
 - Research
 - Second Step program content
 - Resources
 - Implementation
 - Support
 - Q&A

In-Person Training

Second Step Leadership Institute

<https://www.secondstep.org/leadership-institute>

Seattle, Washington

(Generally the conference sessions are held during the last week of May and the second week of June.)

- “Supporting Effective Districtwide Implementation: Are you coordinating a districtwide Second Step implementation? If so, the Second Step Leadership Institute is an opportunity for you to learn directly from our experts about systemic implementation strategies and collaborate with peers from around the country. From day one, the dynamic exchange of ideas will generate valuable suggestions you can put to use in your schools. A full year of interactions with a professional learning community dedicated to social-emotional learning will keep you inspired and connected.”
 - Includes participation in the two-and-a-half-day event in Seattle, institute materials, and activities throughout the year

- Participants will be responsible for their own travel and accommodation expenses

Curriculum/Program Costs:

The following are pricing options:

- **Early learning through grade 5 SEL program** - The price of each classroom kit ranges from \$409 - \$459. Committee for Children offers volume pricing.
- **Middle School SEL Program** is all digital. There are two types of licenses:
- Schoolwide licenses for all staff access and principal toolkit range from a 1-year license for \$2499 to a 5-year license for \$7999
- Individual licenses for single-classroom set up range from \$199 - \$649
 - Additional Purchasing Options: <https://www.secondstep.org/help/purchasing-options>
 - Catalog: <https://assets.ctfassets.net/98bcvzcrxclo/6laW4G3yEkxXuuAa5pkuvb/7d46acab6272c884e07970b9a38eeb64/second-step-catalog.pdf>
- **Second Step Leadership Institute**
 - **Cost:** \$695 per person

Sport Prevention Plus Wellness Program

Website: <https://preventionpluswellness.com/pages/sport-prevention-plus-wellness-1>

Email: info@preventionpluswellness.com

Phone: (904) 472-5022

Trainings:

Online and Onsite Certified Program Implementer's workshops are available. Onsite Training of Trainers workshops are also available.

- EDC is waiting to hear from PPWP for more information about onsite training costs

Curriculum/Program Costs:

The SPORT PPW Manual contains the following materials:

- Step-by-step implementation directions and tips
- Brief self-administered youth health and fitness behavior screen
- Tailored scripts for providing an individual youth or optional group lessons
- Set of colorful slides to present during the lesson
- Goal plan for motivating multiple behavior change
- Group exercise to increase classroom interaction during the group lesson
- Feedback survey for participating youth to evaluate the quality of the lesson
- Implementer's chart to assess the quality of the lesson presentation

- Fidelity checklist to increase implementation reliability
 - Pre-posttest behavior outcome evaluation survey
 - Letter introducing the optional follow-up parent flyers in English and Spanish
 - Set of four parent flyers in English and Spanish
 - Phone protocol to ensure reception and use of parent flyers
 - Optional follow-up youth and parent web resources addressing increasing physical activity, eating healthy, getting adequate sleep, managing stress, and avoiding alcohol, tobacco, marijuana and other drug use
 - Digital download of reproducible and customizable and PowerPoint slides
 - Phone and email program support; and
 - Self-paced e-learning training
- Cost for 1-10 programs regular price: \$698**

Youth Message Development (YMD)

Website: <https://real-prevention.com/youth-message-development-program/>

Email: michelle@real-prevention.com (REAL Prevention Michelle Miller-Day, PhD)

Phone: (844) 255-7325, ext. 2

Trainings:

Online Training

- REAL Media An Innovative Approach to Substance Abuse Prevention – Adapted for independent use by youth on their own or in guided lessons by a facilitator. The curriculum was updated into a series of 5 e-learning modules with “gaming levels” to accomplish in each module. To review this updated version of YMD, now called REAL Media (15-day review), go to:

<https://real-prevention.com/real-media/>

username: RPDEMO

password: RPDEMOappleVideo

- **Video conference training option**
Option where only one or two persons at the site will be implementing/teaching the program.
 - This video conference training option will: review the background theory for each program, research and rationale behind the programs, familiarize the participant with the curricula, teach the participant the skills needed to successfully conduct the programs, and discuss practical implementation and adaptation issues. Approximately 4 to 5 hours.

In-Person Training

Training of facilitators is recommended, not required. The training workshop(s) prepare educators, counselors, prevention specialists, community youth educators, and other program providers to effectively implement the state-of-the-art prevention education activities and teaching strategies found YMD program. Training increases the effectiveness of the program and assists providers to adapt implementation strategies for their particular organization.

- There are two training options: one-day and two-day.
- Training sessions should not exceed 35 individuals so that everyone has a chance to participate in activities and receive instructor attention.
 - The one-day training workshop is designed to review the background theory, research and rationale behind the program, familiarize participants with the curriculum, teach participants the skills needed to successfully conduct the program, discuss practical implementation and adaptation issues, and provide a brief opportunity to practice teaching selected portions of the curriculum.
 - The two-day training includes the one-day training content followed by a second day of practice with select participants teaching entire lessons followed by trainer and peer feedback.

Curriculum/Program Costs:

Curriculum is \$350 per organizational site (subject to shipping charges).

- This cost includes: Teacher's Guide with all four lessons Student handouts PowerPoint presentation. All materials provided in digital format. No limit on number of students. For use with unlimited students at that site.

In-Person Training:

- One-day = \$1500, plus trainer travel expenses
- Two-day = \$2000, plus trainer travel expenses
- Materials = \$40 per person (up to 35 participants)
- Trainer expenses: transportation, lodging, local transportation, and per diem will be invoiced separately after the training.
- Trainer travel expenses are all calculated at the U.S. government travel per diem rates.

Video training (If only 1-2 individuals need training.)

- Training Costs: \$800